

 PRIMETIME

INSIGHT

F O R S E N I O R S
O F S T A R K C O U N T Y

2011-2012

VOLUME 6



Enrichment

Fitness

Health

Housing

Recreation

Resources

Retirement

Support



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Published by:



Insight for Seniors is designed to be an informative publication of the many groups, activities, programs and services available to Stark County residents fifty and over.

We encourage you to send your comments to shannon@shannonenglishmarketing.com or call 330.433.2888 to assist us with future issues.

ATTRACTIONS & MUSEUMS *Continued*

- National First Ladies' Library** *senior discount*.....330-452-0876
331 Market Ave. S • Canton, OH 44702
www.firstladies.org
- North Canton Playhouse** *senior discount*330-494-1613
525 7th St. NE • North Canton, OH 44720
www.northcantonplayhouse.com
- North Canton Heritage Society**.....330-494-4791
200 Charlotte St. NW, Suite 102 • North Canton, OH 44720
www.northcantonheritage.org
- Ohio Historical Society**.....1-800-653-6446
17th Ave. and I-71 on Exit 111 • Columbus
www.ohiohistory.org
- Ohio Society of Military History Museum**330-832-5553
316 Lincoln Way E • Massillon, OH 44646
http://pages.sssnet.com/osmh/
- Ohio State Fair** *senior discount*.....1-888-646-3976
Fairgrounds, 717 E. 17th Ave. • Columbus, OH 43211
www.ohiostatefair.com
- Ohio Travel and Tourism**1-800-282-5393
www.discoverohio.com
information on Ohio museums, festivals, parks, etc.
- Osnaburg Historical Society**.....330-488-1684
131 E. Nassau St. • East Canton, OH 44730
www.osnaburghistoricalsociety.org
- Palace Theatre**.....330-454-8171
605 Market Ave. N • Canton, OH 44702 24-hr. recorded event info
www.cantonpalacetheatre.org
- Players Guild Theatre of Canton**.....330-453-7619
1001 Market Ave. N • Canton, OH 44702 Box Office: 330-453-7617
www.playersguildtheatre.com
- Pro Football Hall Of Fame** *senior discount*330-456-8207
2121 George Halas Dr. NW • Canton, OH 44708
www.profootballhof.com
- Sharon Lane Memorial Chapter 199**330-453-7991
Aultman Hospital, 7th St. • Canton, OH 44710
- Spring Hill Historic Home**.....330-833-6749
1401 Springhill Lane NE • Massillon, OH 44646
www.springhillhistorichome.org
- Stark County Fairgrounds**.....330-452-0621
305 Wertz Ave. NW, P.O. Box 80279 • Canton, OH 44708
www.starkcountyfair.com

- Stark County Vietnam Memorial**330-832-1621
Veterans' Memorial Park 150 1st St. SE • Massillon, OH 44646
www.massillonparks.com
- The Wilderness Center**330-359-5235
P.O. Box 202, 9877 Alabama Ave. SW • Wilmot, OH 44689
www.wildernesscenter.org
- Umstatted Performing Arts Hall**.....330-438-2750 ext. 152
2323 17th St. NW • Canton, OH 44708
home of Canton Symphony Orchestra
- Voices of Canton, Inc. (VOCI)**330-455-1000
1001 Market Ave. N • Canton, OH 44702
www.voicesofcanton.org
- Westbrook Veterans' Memorial Park**330-489-3015
1235 Harrison Ave. NW, Westbrook Park • Canton, OH 44708
www.cantonohio.gov/parks
- William McKinley Presidential Library and Museum** *senior discount*330-455-7043
Hoover-Price Planetarium/Discover World
800 McKinley Monument Dr. NW • Canton, OH 44708
www.mckinleymuseum.org

BINGO HALLS *Call to confirm days/times.***SUNDAY PLAY**

- 1:30 p.m. **St. Thomas Aquinas High School**.....330-875-4517
2121 Reno Dr. NE • Louisville, OH 44641
- 6:00 p.m. **Central Catholic High School**330-478-2131
4824 W. Tuscarawas St. • Canton, OH 44708

MONDAY PLAY

- 12:30 p.m. **Northwest Stark Senior Center**.....330-854-6307
853 Locust St. • Canal Fulton, OH 44614
- 6:30 p.m. **Canton Bluecoats McKinley Eagles Aerie #2370**.....330-477-2503
5024 Monticello St. NW • Canton, OH 44708

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800 McKinley Ave. NW, Canton 330-452-8884 • 6407 Frank Ave. NW, N. Canton 330-966-1111

BINGO HALLS *Continued* Call to confirm days/times.

- 6:30 p.m. **Richville Community Park**..... 330-837-3628
6655 Navarre Rd. SW • Navarre, OH 44662
- 7:00 p.m. **Alliance Area Senior Center**..... 330-821-3348
602 W. Vine St. • Alliance, OH 44601

TUESDAY PLAY

- 6:30 p.m. **Children's Toy Fund**..... 330-479-5393
2401 Swiss Ave. SW • Canton, OH 44706

WEDNESDAY PLAY

- 6:00 p.m. **Mayfield Senior Center**..... 330-477-9982
3825 13th St. SW • Canton, OH 44710
- 6:30 p.m. **Richville Community Park**..... 330-837-3628
6655 Navarre Rd. SW • Navarre, OH 44662
- 6:30 p.m. **St. Thomas Aquinas High School**..... 330-875-4517
2121 Reno Dr. NE • Louisville, OH 44641
- 6:50 p.m. **Saints Philip & James**..... 330-854-2823
532 High St. NW • Canal Fulton, OH 44614
- 7:00 p.m. **Alliance Area Senior Center**..... 330-821-3348
602 W. Vine St. • Alliance, OH 44601

THURSDAY PLAY

- 12:30 p.m. **Northwest Stark Senior Center**..... 330-854-6307
853 Locust St. • Canal Fulton, OH 44614
- 6:30 p.m. **Canton Bluecoats, McKinley Eagles Aerie #2370**..... 330-477-2503
5024 Monticello St. NW • Canton, OH 44708
- 7:00 p.m. **Central Catholic High School**..... 330-478-2131
4824 W. Tuscarawas St. • Canton, OH 44708
- 7:00 p.m. **Greentown Athletic Club, Inc.**..... 330-494-3928
9944 Cleveland Ave. • Greentown, OH 44630

FRIDAY PLAY

- 7:00 p.m. **Greentown Athletic Club, Inc.**..... 330-494-3928
9944 Cleveland Ave. • Greentown, OH 44630

SATURDAY PLAY

- 1:00 p.m. **Mayfield Senior Center**..... 330-477-9982
3825 13th St. SW • Canton, OH 44710
- 6:30 p.m. **Children's Toy Fund**..... 330-479-5393
2401 Swiss Ave. • Canton, OH 44706
- 6:50 p.m. **Saints Philip & James**..... 330-854-2823
532 High St. NW • Canal Fulton, OH 44614

CARD CLUBS Call to confirm meeting times, fees or dues.

Massillon Senior Center..... 330-837-2784

39 Lincoln Way W • Massillon, OH 44647

www.massillonohio.com

Euchre Club meets Mon., Wed., Fri. 1 p.m. – 3 p.m., Sat. 7 p.m., Apr. through Oct.

North Canton's Senior Program..... 330-499-0886

845 W. Maple St. • North Canton, OH 44720

Mon. & Thurs. 12 p.m. – 3 p.m.; Bridge, 500, Euchre

Northwest Stark Senior Center..... 330-854-6307

853 Locust St. S • Canal Fulton, OH 44614

Tong on Mon. 5 p.m., Euchre on Mon. 7 p.m., Bridge Club meets Fri. noon, Pinochle group meets Tues. noon, Line Dancing on Fri.

CINEMAS

Cinemark Movies 10 senior discount..... 330-497-9118

6284 Dressler Rd. NW • North Canton, OH 44720

www.cinemark.com

Mon. \$1.00 for seniors

Cinemark Movies 5 – Carnation Mall senior discount..... 330-823-5328

2500 W. State St. • Alliance, OH 44601

www.cinemark.com

Mon. \$2.25 for seniors, \$2.50 rest of the week

Cinemark Tinseltown USA – The Strip senior discount..... 330-305-9877

4720 Mega St. NW • Canton, OH 44720

www.cinemark.com

Mon. \$5.00 (62+)

Massillon Lincoln Theatre..... 330-833-2413

156 Lincoln Way E • Massillon, OH 44646

www.lionslincolntheatre.com

Palace Theatre..... 330-454-8172

605 Market Ave. N • Canton, OH 44702

www.cantonpalacetheatre.org

The Great Escape Movie Theatre senior discount..... 330-830-8265

175 Cherry Rd. • Massillon, OH 44646

www.greatescapetheatres.com

\$6.00 every day

MALLS

Carnation Mall..... 330-821-4447

2500 W. State St. • Alliance, OH 44601

mall walking available Mon.– Sat. 7:30 a.m./Sun. 8 a.m.

Westfield Belden Village Mall..... 330-494-5490

4230 Belden Village Mall • Canton, OH 44718

www.westfieldbeldenvillage.com

mall walking available Mon. – Sat. 8 a.m./Sun. 9 a.m.

PARKS & WALKING PATHS

Alliance Department of Parks, Recreation and Public Lands..... 330-821-2260

2930 S. Union Ave. • Alliance, OH 44601

www.cityofalliance.com/parks

Butler-Rodman Park..... 2295 W. State St.

Early's Hill Park..... Vine St. and Walnut Ave.

Haines Mini-Park..... Haines Ave. and High St.

PARKS & WALKING PATHS *Continued*

Hester Mini-Park.....	Hester and E. Harrison	
Mahoning Mini-Park	Mahoning Ave. and Oxford St.	
Maple Beach Park	Reed St.	
Memorial Park	746 E. State St.	
Oxford Mini-Park.....	2930 S. Oxford Ave.	
Robertson Community Center	1005 E. State St.	
Silver Park	Union Ave. • <i>walking path, 5 laps equal 1 mile</i>	
Thomas Snodgrass Mini-Park.....	corner of S. Liberty and Cambridge	
Western Electric Mini-Park.....	corner of Western and Electric	
Canal Fulton City Park Office	330-854-2225	
155 E. Market St. • Canal Fulton, OH 44614		
www.canalfultonohio.com		
Discovery Park.....	Erickson and Beverly St.	
Dog Park.....	Butterbridge Rd.	
St. Helena Heritage Park.....	125 Tuscarawas St. • <i>walking paths along the river</i>	
Muhlhauser Park	853 Locust St. • <i>walking path, tennis courts</i>	
Old School Play Lot.....	Cherry and Locust St.	
Canton Park System	330-489-3015	
2436 30th St. NE • Canton, OH 44705		
www.cityofcanton.com		
Arboretum Park.....	3220 38th St. NW • <i>disc golf</i>	
Cook Park.....	1836 Mahoning Rd. NE	
Crenshaw Park	1500 Sherrick Rd. • <i>walking path, 0.7 mile</i>	
Harmont Park	2701 Harmont Ave. NE • <i>walking path, 0.5 mile</i>	
Monument Park	700–1150 Park Rd. NW	
Nimisilla Park	1075 O'Jays Parkway	
Reifsnnyder Park.....	Spangler St. to Martindale Rd. NE	
Schreiber Park	Maple Ave. NE	
Stadium Park	1200–2500 Stadium Dr. NW • <i>walking path, 1.5 miles</i>	
Waterworks Park.....	between Tuscarawas St. W and 7th St. NW	
Carl O. Weis Park	25th St. NW	
West Park.....	525–839 Schroyer Ave. SW	
Westbrook Veterans' Memorial.....	13th St. NW • <i>walking path, 5 laps equal 1 mile</i>	
Willig Field	2300 30th St. NE	
East Canton Park Office	330-488-0220	
130 Cedar St. S • East Canton, OH 44730		
www.eastcantonvillage.com		
East Canton Village Park.....	Werley Rd. N. • <i>walking path, 0.5 mile</i>	
East Sparta Village Park Office.....	330-866-2977	
9353 Main St. • East Sparta, OH 44626		
www.villageofeastsparta.com		
Sandy Valley Community Park	10018 Cleveland Ave. SE.....	330-866-2727
Hartville Village Hall.....	330-877-9222	
202 W. Maple St., P.O. Box 760 • Hartville, OH 44632		
www.hartvilleoh.com		
Brian's Park	adjacent to Memorial Park	
Stan Baillet Field.....	Wales Dr.	

Hartville Memorial Park	Lincoln St. • <i>walking path</i>	
Jackson Township Parks and Recreation Department.....	330-832-2845	
5735 Wales Ave. NW • Massillon, OH 44646		
www.jacksontwp.com		
Crystal Springs Bridge Park.....	Erie Ave.	
Edward & Mary Zink Mini-Park.....	corner of 38th and Michael St.	
Fisher Park	Lake O'Springs Ave.	
Keck Park.....	Wales Ave. south of Strausser St. NW	
North Park.....	corner of Fulton Rd. & Wales Ave., across from Jackson High School • <i>walking path, 1.1 miles</i>	
South Park.....	Fulton Rd. next to Jackson High School	
Strausser Elementary Park.....	8646 Strausser	
Stuhldreher Street Fields	Stuhldreher St. near intersection of Perry Dr. & Hills & Dales Rd.	
Louisville City Park Office	330-875-3434	
215 S. Mill St. • Louisville, OH 44641		
www.louisvilleohio.com		
Aljancic Park.....	711 Broad St.	
Metzger Park.....	1420 S. Nickleplate • <i>walking paths</i>	
Wildwood Park.....	500 Stertzbach St.	
Wilson Park.....	1501 W. Main	
Constitution Park.....	1103 W. Main • <i>walking path</i>	
Massillon Parks and Recreation Office.....	330-832-1621	
505 N. Erie St. • Massillon, OH 44646		
www.massillonohio.com/parks		
Arthur Genshaft Park	2801 Erie St. SE • <i>baseball field</i>	
Community Park.....	220 Finefrock Rd. SW • <i>walking path</i>	
Duncan Plaza	1 James Duncan Plaza	
Eagles #190 Sports Complex	Oak and 20th St. SE	
Franklin Park.....	850 3rd St. SE	
Furnas Park	900 17th St. NE • <i>dog park</i>	
Haag Park	1550 Sippo Blvd. NE	
Hetrick Park.....	1590 Tremont Ave. SE	
Kendal Park.....	451 Wales Rd. NE	
Kiddie Korral Park	851 Wales Rd. NE	
Kiwanas Park.....	1414 Oak St. SE	
L.C. Jones Park	1731 Osage Ave. SE • <i>walking path</i>	
Lawndale Park.....	1351 Karn Ave. SW	
Lincoln Bottoms Park.....	620 Water St. NW • <i>walking path</i>	
Lincoln Park East	644 17th St. NW • <i>walking path</i>	
North Sippo Park.....	1244 Rodman Ave. NE • <i>walking path</i>	
Oak Knoll Medal of Honor Park.....	618 6th St. SW	
Reservoir Park	905 Sippo Blvd. NE • <i>walking path</i>	
Shaffer Park	150 Willow Ave. NE	
Shiver Park.....	1237 3rd St. SE	
Sippo Valley Trail	Bottoms Park to Wayne Co. • <i>Towpath Trail 8 miles, pedestrians, bicycles, horses</i>	
South Sippo Park.....	1400 Tremont Ave. SE • <i>walking path</i>	
Stadium Park	301 19th St. SE • <i>walking path</i>	

PARKS & WALKING PATHS *Continued*

- Towpath Trail**.....Lake Ave. to Warmington Rd. • *walking path*
Wales Park.....1930 Hankins Rd. NE
Walnut Hills Park.....1247 Riley Ct. SE
Wampler Park.....1818 Main Ave. W • *walking path*
- Village of Magnolia**.....330-866-2620
 328 N. Main St., P.O. Box 297 • Magnolia, OH 44643
Magnolia Village Park.....Main St.
- Village of Navarre**.....330-879-5508
 27 Canal St. W • Navarre, OH 44662
 www.navarreohio.net
Navarre-Bethlehem Park.....between Fohl St. and Hudson Dr. SE
Shuster Park.....Blough and E. Canal St.
Underwood Park.....corner of Route 62 and Canal St.
Walking Path.....Park St. behind Midget League Football fields
- North Canton Parks & Recreation Department**.....330-499-2052
 805 W. Maple St. • North Canton, OH 44720
 www.northcantonohio.com
Dogwood Park.....241 7th St. NE
Eastwoods Park.....1290 Westview Cir. SE
Upper Glenwood Park.....227 Glenwood St. SE • *tennis courts*
- Hoover Community Recreation Complex**.....1325 E. Maple St.
Price Park.....1000 W. Maple St. • *walking path, 1 mile*
Rotary Park.....Applegrove St., beside the Girl Scouts of America Offices • *nature trail, 0.25 mile*
- Schneider Valley Park**.....1346 Clearmont Ave. SE
Strausser Park.....225 Abbeyshire Ave. SE
West Park.....300 West Park Dr.
Witwer Park.....301 Harmon St. SW • *across from North Canton Middle School*
- Plain Township Parks and Recreation Department**.....330-499-0000
 2782 Diamond St. NE • Canton, OH 44721
 www.plaintownship.com
Alpine Community Park.....3059 Alpine St. E • *walking*
Diamond Community Park.....2782 Diamond St. NE • *indoor & outdoor walking*
Schneider Park.....across from Glenoak
- Richville Community Park**.....330-837-3628
Richville Community Park, 6655 Navarre Rd. SW • Navarre, OH 44662
- Stark County Park District Office**.....330-477-3552
Exploration Gateway
 5712 12th St. NW • Canton, OH 44708
 www.starkparks.com
David Fichtner Outdoor Education Center.....330-409-8096
 12833 Market Ave. N • Hartville, OH 44632
Eagle Scout trail, 0.60 mile; Wetland trail 0.51 mile

- Deer Creek Reservoir**.....14514 Price St. NE • Alliance • *0.4 mile, walkers, bicycles*
- Frank Esmont Park**.....Mill St., Canton, east of Rt. 800
Nimishillen trail, 0.60 mile
- Hoover Park Connector Trail**.....E. Maple St. in North Canton • *3 mile trail including a 2.2 mile loop around Hoover Park with parking at E. Maple ball fields and Washington Square*
- Mahoning Valley Trail**.....north of Alliance - 2 segments off Rt. 183 (Union Ave.) or Rt. 225, turn east on Gaskill Dr. Parking lot is north of Earley Hill Park. Further north the trail resumes at Deer Creek Reservoir (14514 Price St. NE, Alliance, Ohio 44641) west of Rt. 225
- Nickel Plate Trail**.....south of Louisville off Georgetown Road or parking available at Metzger Park - 1 mile, walkers, bicycles
- Ohio & Erie Canalway Towpath Trail** • 25 miles of trails in Stark County
- Canal Fulton area**
 St. Helena Heritage Park to Summit County - 3 miles, walkers, bicycles, horses
 St. Helena Heritage Park to Lock 4 Trailhead - 1 mile, walkers, bicycles
 Lock 4 Trailhead to Butterbridge Rd. - 1.25 miles, walkers, bicycles
 Butterbridge Rd. to Crystal Springs Park - 2.9 miles, walkers, bicycles
 Crystal Springs Park to Forty Corners - 0.75 mile, walkers, bicycles
- Massillon area**
 Forty Corners to Lake Ave. - 1.25 miles, walkers, bicycles
 Lake Ave. to Lincoln Way - 1.2 miles, walkers, bicycles
 Lincoln Way to Walnut Rd. - *Towpath under construction; follow "Towpath Trail Detour"*
 Walnut Rd. to Warmington St. - 3 miles, walkers, bicycles, horses
 Warmington St. to Wooster St., Navarre - 2 miles, walkers, bicycles, horses
- Navarre area**
 Wooster St. to Craig Pittman Memorial Park - 1.4 miles, walkers, bicycles
 Craig Pittman Memorial Park to Rt. 212 - 5.4 miles, walkers, bicycles, horses
- Olde Muskingum Trail**.....Canal Fulton Canoe Livery, Rt. 93, to 40 Corners St. in Jackson Twp. on the west side of the Tuscarawas River - 6 miles, walkers, bicycles, horses
- Petros Lake Park**.....2.2 miles south of W. Tuscarawas Ave. on Perry Dr. SW Hickory trail 0.24 mile; Bluebird trail 0.48 mile; and Petros Lake Loop trail 1.20 miles
- Sanders Center of Wildlife Rehabilitation**.....330-477-0448
 Genoa Ave. • *Conservation trail 0.5 mile; Cottonwood trail 0.5 mile; Woodland trail 0.24; Lonesome Pine trail 0.44 mile*
- Sippo Lake Park**.....330-477-3552
 5300 Tyner St. (Perry Dr. entrance) • *Sippo Marina trail 0.82 mile, fishing, boat rentals*
- Walborn Reservoir**.....330-935-0367
 11324 Price St. NE • Alliance, OH 44601
10 miles, walkers, horses, fishing, boat rentals

STATE PARKS

- Jackson Bog State Nature Preserve**.....330-527-5118
7984 Fulton Dr. NW • Massillon, OH 44646
www.dnr.state.oh.us
Jackson Bog State Nature Preserve trail, 1 mile
- Quail Hollow State Park**.....330-877-6652
13480 Congress Lake Ave. • Hartville, OH 44632
www.quailhollow.org
*Beaver Lodge trail; Coniferous Forest trail 0.75 mile; Deciduous Forest trail 0.75 mile;
Meadowlands trail 1 mile; Nature For All trail 2,000 ft. wheelchair accessible; Peat Land
trail 0.50 mile; Sedge March trail 1 mile; Tall-Grass Prairie trail 0.125 mile*

PUBLIC LIBRARIES

- Canal Fulton Public Library**.....330-854-4148
154 Market St. NE • Canal Fulton, OH 44614
www.canalfultonlibrary.org
- Stark County District Libraries**
www.stark.lib.oh.us
- DeHoff Branch**.....330-452-9014
216 Hartford Ave. SE • Canton, OH 44707
- East Canton Branch**.....330-488-1501
224 N. Wood St. • East Canton, OH 44730
- Jackson Township Library**.....330-833-1010
7487 Fulton Rd. NW • Massillon, OH 44646
- Lake Community Branch**.....330-877-9975
11955 Market Ave. N • Uniontown, OH 44685
- Madge Youtz Branch**.....330-452-2618
2921 Mahoning Rd. NE • Canton, OH 44705
- Main Library**.....330-452-0665
715 Market Ave. N • Canton, OH 44702
- North Branch**.....330-456-4356
189 25th St. NW • Canton, OH 44709
- Perry Sippo Branch**.....330-477-8482
Exploration Gateway, 5710 12th St. NW • Canton, OH 44708
- Sandy Valley Branch**.....330-866-3366
9754 Cleveland Ave. SE • Magnolia, OH 44643
- Louisville Public Library**.....330-875-1696
700 Lincoln Ave. • Louisville, OH 44641
www.louisvillelibrary.org
- Massillon Public Libraries**
www.massillonlibrary.org
- Barry Askren Memorial Branch**.....330-879-2113
1200 Market St. N • Navarre, OH 44662
- Pam S. Belloni Branch**.....330-767-9939
Fairless Elementary School, 1200 Navarre Rd. • Navarre, OH 44662
- Main Branch**.....330-832-9831
208 Lincoln Way E • Massillon, OH 44646

- Minerva Public Library**.....330-868-4101
677 Lynnwood Dr. • Minerva, OH 44657
www.minerva.lib.oh.us
- North Canton Public Library**
Main Library.....330-499-4712
185 N. Main St. • North Canton, OH 44720
www.ncantonlibrary.org
- Alliance Libraries**
- Rodman Public Library**.....330-821-2665
215 E. Broadway St. • Alliance, OH 44601
www.rodmanlibrary.com
- Carnation Mall Branch**.....330-821-1313
2500 W. State St. • Alliance, OH 44601

RECREATION CENTERS *Check websites or call for event schedules.*

- Canton Community Jewish Center**.....330-453-0132
2631 Harvard Ave. NW • Canton, OH 44709
www.jewishcanton.org
congregate meals, interest groups, special trips, Mitzvah mobile, kosher mobile meals
- Canton Friendship Center**.....330-453-8776
2200 Cleveland Ave. NW • Canton, OH 44709
*social and recreation center for those with mental illness, mental retardation, physical or
developmental disabilities*
- Foltz Community Center**.....330-488-6500
224 N. Wood St. • East Canton, OH 44730
www.foltzcc.com
*fitness class on Mon., Wed. and Fri. except for 2nd Wed., Senior Social meets monthly on 2nd
Wed. 10:30 a.m. – 3:30 p.m.*
- J. Babe Stearn Community Center**.....330-455-3921
2628 13th St. SW • Canton, OH 44710
Tues. square dancing, exercise room/cardio
- Lake Community YMCA**.....330-877-8933
11928 King Church Ave. NW • Uniontown, OH 44685
www.ymcastark.org
senior fitness, Silver Sneakers Tues. & Thurs. 9-9:45 a.m.
- Louisville Area YMCA**.....330-875-1611
1421 S. Nickelplate Ave. • Louisville, OH 44641
www.ymcastark.org
*Senior Moments lunch and crafts: senior fitness and arthritis classes, Silver Sneakers, water
aerobic class, senior orientation for Wellness Center*
- Make-A-Way, Inc.**.....330-837-0650
227 3rd St. SE • Massillon, OH 44646
www.makeaway.org
social and recreation center for adults with mental illness, mental retardation, disabilities, and loneliness
- Massillon Recreation Club**.....330-832-1621
505 Erie St. N • Massillon, OH 44646
www.massillonparks.com
fitness activities

RECREATION CENTERS *Continued*

- Meyers Lake YMCA** 330-454-9018
1333 N. Park Ave. • Canton, OH 44708
www.ymcastark.org
Silver Club Thur., Silver Sneakers, Helping Hands, lunches, Bingo, trips, Euchre, and more
- Minerva Area YMCA** 330-868-5988
687 Lynnwood Dr. • Minerva, OH 44657
www.ymcastark.org
senior fitness classes, Silver Sneakers Mon. & Wed. 10:30 a.m. - 11:30 a.m.
- Monroe Community Center** 330-471-9958
2000 3rd St. NE • Canton, OH 44704
seniors club 2nd & 4th Tues. 12:30 - 2 p.m.
- North Canton YMCA** 330-499-2587
200 S. Main St. • North Canton, OH 44720
www.ymcastark.org
senior trips, senior fitness classes and activities
- Paul and Carol David YMCA of Jackson Township** 330-830-6275
7389 Caritas Cir. NW • Massillon, OH 44646
www.ymcastark.org
senior fitness class, Silver Sneakers, senior fun club meets 2nd Wed.
- Salvation Army – Alliance** 330-823-5188
57 W. Main St. • Alliance, OH 44601
www.salvationarmy.org
- Salvation Army – Canton** 330-453-0158
420 Market Ave. S • Canton, OH 44702
www.salvationarmy.org
Golden Agers meet Mon., Wed. and Fri., 10 a.m. – 2 p.m. for interest centers, activities, speakers, and trips. Lunch and transportation provided.
- Salvation Army – Massillon** 330-833-6473
143 1st St. SE • Massillon, OH 44646
www.salvationarmy.org
League of Mercy—nursing home visitation on the 1st and 3rd Tues., adult computer classes, Home League, and senior citizens group
- The YMCA of Western Stark County** 330-837-5116
131 Tremont St. SE • Massillon, OH 44646
www.weststarkymca.org
senior activities, senior fitness classes and Silver Sneakers
- Towpath Trail YMCA** 330-879-0800
1226 Market St. E • Navarre, OH 44662
www.weststarkymca.org
senior fitness activities
- YWCA – Massillon** 330-834-0254
721 Lincoln Way E • Massillon, OH 44646
www.ywca.com

TRAVEL/BUS TOURS

- Charlie & Friends Tours, Inc.** 330-833-2179
7203 Bretz St. NW • Massillon, OH 44646
- Elderhostel** 1-877-426-8056
www.elderhostel.org
non-profit, educational and recreational travel organization for adults 55+
- America the Beautiful** 1-888-275-8747 **Option 1**
The National Parks and Federal Recreational Land Senior Pass
www.nps.gov/fees_passes.htm
free admission to federally-operated parks, all national forests, monuments, historic sites, recreation areas and wildlife refuges after a single lifetime fee of \$10 for those 62+
- National Weather Service**
www.nws.noaa.gov
- Weather Authority**
www.weather.com
- AAA – Canton** 330-455-6761
2722 Fulton Dr. NW • Canton, OH 44718
www.aaa.com
- AAA – Massillon** 330-833-1084
1972 Wales Rd. NE • Massillon, OH 44646
www.aaa.com
- AAA – Alliance** 330-821-2323
2322 S. Union Ave. • Alliance, OH 44601
www.aaa.com
- Carnation Coach Tours** 1-800-872-6224
170 E. Prospect St. • Alliance, OH 44601
- Davis Tours** 330-491-1500
4137 Martindale Rd. NE • Canton, OH 44705
- Fidelity Tours** 330-833-7700
155 Lincoln Way W, A96 • Massillon, OH 44647
www.uscoachtours.com/fidelitytours
1-800-458-4680
- Lake Cable Travel** 1-800-257-6622
5624 Fulton Dr. NW • Canton, OH 44718
www.lakecabletravel.com
- Martine Tours** 330-833-5844
12625 Orrville St. NW • N. Lawrence, OH 44666
www.martinetours.com
1-866-308-9542

AIRLINES

- Akron-Canton Regional Airport Visitor's Information Center 330-499-4221
- Akron-Canton Regional Airport 330-499-4059
www.akroncantonairport.com
- AirTran 1-800-247-8726
www.airtran.com
- Delta 1-800-221-1212
www.delta.com
- Frontier 1-800-432-1359
www.frontierairlines.com
- United Airlines and Express 1-800-241-6522
www.united.com
- US Airways/Express 1-800-428-4322
www.usairways.com

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www.bobandpetesfloors.com

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TAKE CHARGE

Don't turn your back on back pain.



If you're over 50 or have osteoporosis, it's important that you don't ignore your back pain. It may signal a spinal fracture. See your doctor right away if you think you may have one.

Spinal fractures can be repaired if diagnosed.

KYPHON® Balloon Kyphoplasty is a minimally invasive treatment for spinal fractures that can correct vertebral body deformity, reduce pain and improve patient quality of life.



before



balloon kyphoplasty



after

For more information on balloon kyphoplasty or to find a local physician performing the procedure, call 800-652-2221 or visit www.kyphon.com

Although the complication rate with KYPHON® Balloon Kyphoplasty has been demonstrated to be low, as with most surgical procedures, there are risks associated with the procedure, including serious complications. This procedure is not for everyone. A prescription is required. Please consult your physician for a full discussion of risks and whether this procedure is right for you. © 2008 Medtronic Spine LLC. All Rights Reserved.

MEDTRONIC
Spinal and Biologics Business
1221 Crossman Avenue
Sunnyvale, CA 94089 USA
Tel: (408) 548-6500

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EDUCATION OPPORTUNITIES

Many area colleges will offer waived or reduced tuition for senior citizens. Contact individual institutions for specific details on available programs.

- Adult Community Education Department, Canton City Schools**..... 330-438-2556 ext. 101
116 McKinley Ave. NW • Canton, OH 44702
www.ccsdistrict.org
help for re-entering the workforce and computer literacy
- Ashland University Massillon/Stark Center**.....330-837-5244
2550 University Dr. SE • Massillon, OH 44646
www.ashland.edu
Golden Buckeye card discount
- Kent State University Stark Campus Senior Guest Program**330-499-9600
6000 Frank Ave. NW • North Canton, OH 44720
www.stark.kent.edu
veteran services
- Malone University**330-471-8100
2600 Cleveland Ave. NW • Canton, OH 44709
www.malone.edu
- Stark State College**330-494-6170
6200 Frank Ave. NW • North Canton, OH 44720
www.starkstate.edu
- University of Mount Union**800-992-6682
1972 Clark Ave. • Alliance, OH 44601
www.mountunion.edu
- Walsh University**.....330-499-7090
2020 East Maple St. NW • North Canton, OH 44720
www.walsh.edu

EMPLOYMENT OPPORTUNITIES *Job search skills, career development, and placement assistance.*

- ABCD Training & Placement Services** 330-455-6385
1225 Gross Ave. NE • Canton, OH 44705
www.abcdinc.net
- Senior Employment Center**..... 330-479-0874
408 9th St. SW • Canton, OH 44707
www.matureservices.org
- The Employment Source**330-433-9675
822 30th St. NW • Canton, OH 44709
www.eswork.com

VOLUNTEER OPPORTUNITIES *Organizations seeking volunteers on a regular basis.*

- Affinity Medical Center - Massillon Campus Volunteer Services** 330-837-6855
875 8th St. NE • Massillon, OH 44646
www.affinitymedicalcenter.com
- Alliance Community Hospital Volunteer Department**..... 330-596-7822
200 E. State • Alliance, OH 44601
www.achosp.org
- American Cancer Society**.....1-888-227-6446
www.cancer.org
- ABCD Dial-A-Ride**330-455-2699
2318 13th St. NE • Canton, OH 44705
local medical transportation service
- American Red Cross Stark County Regional Chapter**330-453-0146 ext. 117
525 Market Ave. N • Canton, OH 44702
disaster relief, rape crisis services, dialysis transportation, service to the armed forces, office volunteers and much more
- Aultman Volunteer Services** 330-363-6368
2600 Sixth St. SW • Canton, OH 44710
www.aultman.org
- Buckeye SCORE 580 (Service Corps of Retired Executives)**..... 330-244-3294
6000 Frank Ave. NW • North Canton, OH 44720
www.cantonscore.org
provides free counseling and help to small businesses
- Canines Helping Independent People, Inc. (CHIP)** 330-493-7643
2322 44th St. NW • Canton, OH 44709
- Community Harvest** 330-493-0800
4915 Fulton Dr. NW, Unit 7, Canton, OH 44718
www.communityharveststark.org
- Community Services of Stark County, Inc.** 330-455-0374
625 Cleveland Ave. NW • Canton, OH 44702
www.communityservicesofstark.org
- Crisis Intervention and Recovery Center**.....330-588-2204
2421 13th St. NW • Canton, OH 44708
www.circstark.org
- Foster Grandparents**..... 330-492-2911
6363 Promway Ave. NW • North Canton, OH 44720
mentor and tutor students kindergarten through 12th grade (60+)
- Girl Scouts of Northeast Ohio** 330-433-9485
1010 Applegrove St. NW • North Canton, OH 44720
www.gsneo.org
- Guardian Ad Litum Program of Stark County Family Court**.....330-451-7914
110 Central Plaza S, Ste. 436 • Canton, OH 44702
volunteers represent best interests of foster children in court proceedings
www.familycourt.co.stark.oh.us

VOLUNTEER OPPORTUNITIES *Continued*

- Habitat for Humanity of Greater Stark and Carroll Counties** 330-493-6500
2800 Leemont Ave. NW • Canton, OH 44709
www.habitatstark.org
various opportunities for skilled and unskilled volunteers to work on construction sites and help with partner family support and education
- Habitat ReStore** 330-493-0011
4525 Cleveland Ave. NW • Canton, OH 44709
www.habitatstark.org
resale home supply store needs volunteers to help with customer service, store organization, picking up donations and more
- J.R. Coleman** 330-455-3873
1731 Grace Ave. • Canton, OH 44705
www.colemancenter.org
- Massillon Museum** 330-833-4061
121 Lincoln Way E • Massillon, OH 44646
www.massillonmuseum.org
- Massillon Senior Center** 330-837-2784
39 Lincoln Way W • Massillon, OH 44647
www.massillonohio.com
- Meals on Wheels of Stark and Wayne Counties** 330-832-7220
2363 Nave St. SE • Massillon, OH 44646
www.mow-starkwayne.org
volunteers help deliver meals
- Mercy Medical Center Volunteer Services Department** 330-489-1106
1320 Mercy Dr. NW • Canton, OH 44708
www.cantonmercy.org
- North Canton Meals on Wheels** 330-494-0366
7707 Market Ave. N • North Canton, OH 44721
volunteers for help in kitchen and delivering meals
- Palace Theatre** 330-454-8171
605 Market Ave. N • Canton, OH 44702
www.cantonpalacetheatre.org
- Players Guild Theatre of Canton** 330-453-7619
1001 Market Ave. N • Canton, OH 44702
www.playersguildtheatre.com
- Prescription Assistance Network of Stark County** 330-445-1087
408 9th St. SW • Canton, OH 44707
- Quest Recovery and Prevention Services** 330-453-8252
1341 Market Ave. N • Canton, OH 44714
- Retired and Senior Volunteer Program** 330-492-2911
4450 Belden Village St. NW, Ste. 605 • Canton, OH 44718
retired and senior volunteer program (55+), foster grandparent program, senior companion program

- St. Joseph Care Center** 330-875-5562
2308 Reno Dr. • Louisville, OH 44641
- St. Luke Lutheran Community in North Canton** 330-499-8341
220 Applegrove Rd. NE • North Canton, OH 44720
www.stlukelutherancommunity.org
- The Alsatian** 330-875-5564
2300 Reno Dr. • Louisville, OH 44641
www.thealsatian.com
- The Area Agency on Aging** 1-800-421-7277
1550 Corporate Woods Parkway • Uniontown, OH 44685
www.services4aging.org
- The Coalition for Animal Concerns** 330-649-0759
P.O. Box 2814 • North Canton, OH 44720
- The Community Treatment and Correction Center** 330-456-3565
1432 E. Tuscarawas St. • Canton, OH 44707
- The Wilderness Center** 330-359-5235
9877 Alabama Ave. SW • Wilmot, OH 44689
www.wildernesscenter.org
- United Way's Volunteer Resource Center** 330-491-9953
www.uwstark.org and click on VOLUNTEER
Your one stop for all volunteering in Stark County! Online database of countywide volunteer opportunities with a variety of organizations that need people who want to lend a hand. Think We before Me!
- Volunteer Match**
www.volunteermatch.org
volunteer opportunities in the Stark County area
- William McKinley Presidential Library and Museum** 330-455-7043
800 McKinley Monument Dr. • Canton, OH 44708
www.mckinleymuseum.org
- YWCA of Alliance** 330-823-1840
239 E. Market St. • Alliance, OH 44601
www.allianceywca.org
- YWCA - Massillon** 330-834-0254
721 Lincoln Way E • Massillon, OH 44646
www.ywca.org

FREE PUBLICATIONS

- Insight for Seniors** 330-433-2888
free, biennial publication containing information for mature adults in Stark County
- Senior Forum** 330-491-1941
free, monthly newspaper targeting mature adults and retirees in Stark County

FUN STUFF

- Canton Senior Expo**.....330-433-2888
Cultural Center for the Arts, 1001 Market Ave. N • Canton, OH 44702
www.shannonenglishmarketing.com
1st Wed. in Apr., free and open to the public, entertainment, information, Bingo, and activities for mature adults
- Golden Opportunities**.....877-765-1543
www.goldenopportunities.tv
television show featuring information on legal matters, estate planning, medical updates, and more, weekly on WKYC Channel 3
- Local High School Sporting Events**
contact your local school system about senior discounts to home sporting events
- Ohio Senior Olympics**
www.ohioseniorolympics.org
- Tri-County Games.....330-972-7243
July 2011
- Hall of Fame Regional Games.....330-492-2642
June 2011
www.starkcountyevents.com - *a listing of community events in Stark County*
- The Today Show**.....212-664-5488
Willard Scott, NBC The Today Show
30 Rockefeller Plaza • New York, NY 10112
www.todayshow.com
to celebrate 100+ years, send a photograph, name, address, date of birth and short description with five weeks advance notice, include sender's daytime phone number for confirmation
- WKYC Channel 3 Birthday Announcements**
www.wkyc.com (click on Life tab)
names will be announced on Channel 3 News, Mon.–Fri. at 6 a.m.

WEBSITES

Grandparenting

- www.aarp.org/relationships/grandparenting - AARP
- www.cyberparent.com/gran - *articles of interest for grandparents, activities for grandchildren, staying in contact with grandchildren*
- www.grandparenting.org - *non-profit organization to raise grandparent consciousness and promote the importance as a role and function*
- www.grandparents.com - *activities, gift ideas, grandparenting advice; deals and discounts*
- www.grandparents.net - *networking site that discusses the fun and art of grandparenting*
- www.grandsplace.org - *information for grandparents who are raising grandchildren*

Health and Wellness

- www.womenshealth.gov - *information on heart health, menopause, hormone health, calendar of women's health events*
- www.acefitness.org - *illustrated workouts*
- www.adaa.org - *guide to treatment of anxiety disorders, self-tests, help a family member, message boards, support groups*
- www.agis.com - *eldercare resource, help with providing the best care for loved ones*
- www.alcoholscreening.org - *self-test, links to resources for help*
- www.connectmeohio.com - *information about home and community based services, support and opportunities for older adults, persons with disabilities and caregivers in Ohio*
- www.deliciousdecisions.org - *American Heart Association site of heart healthy recipes*
- www.drugfree.org - *links for parents, teens, intervention and treatment*
- www.e-aa.org - *chat rooms, forums, email help and list of local AA meetings*
- www.familydoctor.org - *provides a daily health tip, smart patient guide, over-the-counter medicine guide and health tools*
- www.healthandage.com - *latest news on age-related issues*
- www.healthfinder.gov - *flu clinic locator, online checkup, drug database, consumer guides*
- www.healthywomen.org - *general health from a female perspective, Q & A feature with each topic*
- www.intelihealth.com - *Harvard Medical School's consumer health information*
- www.lungusa.org - *smoking cessation support, quit smoking action plan*
- www.mayoclinic.com - *Healthy Living section offers links for senior health, healthy recipes*
- www.menopause.org - *information on menopause, and long-term health effects of estrogen loss*
- www.nihseniorhealth.gov - *National Institute of Health website features health and wellness information for older adults; able to make text bigger or have the text read out loud*
- www.nimh.nih.gov - *info on mental health issues, latest studies, clinical trials, controversies*
- www.nlm.nih.gov/medlineplus - *medical encyclopedia, dictionary, interactive tutorials, senior health*
- www.nmha.org - *mental health issues for all ages, reliable self-tests, hotlines*



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2600 Tuscarawas St. W Suite 300 Canton – 44708 330-455-5367 Physical and Occupational Therapy	6100 Whipple Avenue NW Suite 180 North Canton – 44721 330-305-0838	2037 Wales Avenue Suite 110 Massillon – 44646 330-832-2663	4170 Holiday Street NW Canton – 44718 330-493-9550 Pain Management	4650 Hills and Dales Road NW Canton – 44718 330-477-9720 Physical Therapy/ Wellness/MRI
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www.spectrumortho.com

WEBSITES *Continued*

www.presidentschallenge.org - self-guided physical fitness program with recognition and rewards program available for seniors

www.pcf.org - links for information on screening guidelines, symptoms, risk factors, treatment, side effects

www.seniorjournal.com - news and information for senior citizens and Baby Boomers

www.sleepfoundation.org - everything you need to know about sleeping

www.smokefree.gov - online guide to quit smoking plus ability to instant message or call an expert for help

Money

www.bankrate.com - compare rates, calculators for refinancing and retirement

www.savingadvice.com - personal finance website created specifically to show you different ways to save money

Pet Websites

www.barkstark.com - online resource for dog enthusiasts

www.petfinder.com - searchable database of homeless animals across the U.S.

Senior Living

www.50plusprime.com - online community providing resources to people 50+

www.eons.com - online communities for baby boomers, stay in touch with friends, play games, build your brain and have fun

www.get2human.com - database of secret phone numbers and codes that immediately get an actual, live person on the line for customer service at nearly 1000 major companies

www.newlifestyles.com - online resource to help in making an informed decision about senior care, housing, and other services

www.retirementwithapurpose.com - a ministry of Campus Crusade for Christ

www.seniorsdaily.net - daily information for people 50+; health, travel, finances, lifestyle and more

www.seniors.lovetoknow.com - provides useful information for senior citizens

www.seniornet.org - non-profit organization of computer-using adults age 50+ providing older adults education for, and access to, computer technologies

www.singleseniorsmeet.com - online community to help singles meet other singles, chat rooms, online profiles and photographs

www.usa.gov - U.S. government's official site for federal citizen information center, on-line information and links, services, and resources

News & Weather

www.answers.com - encyclopedia, dictionary, today in history

www.business.com - search engine for managing and growing your business

www.cantonrep.com - The Canton Repository's news site

www.fridaynightohio.com - local high school football website

www.stark247.com - local happenings

www.starkcountyweather.com - live, local weather for Stark County

Ways to Search the Web

www.bing.com - search engine

www.google.com - search engine

www.searchenginewatch.com - tips and information about searching the web

www.yahoo.com - search engine

Web Discounts and Coupons

www.coolsavings.com - printable coupons, free offers, sales, promotions and discounts

www.couponcabin.com - free coupons, promotional codes, printable coupons and deals to over 1200 online stores, save 20% or more

www.couponmom.com - grocery coupons, restaurant coupons, free deals in 50 states for Target, Walmart, Walgreens and Rite-Aid

www.dealcatcher.com - online coupons, codes and free coupons for Dell, Amazon, Old Navy, Target, Best Buy, Sears and many other online stores

www.groupon.com - daily deal website, offers deep discounts for local businesses

www.IshopStark.com - savings...only a click away

www.livingsocial.com - daily deal website offering discounts for local businesses

CLUBS

Canton Audubon Society330-832-2491
P.O. Box 9586 • Canton, OH 44711
www.cantonaudubon.org
promoting environmental awareness and birdwatching activities

Canton Horseshoe Club330-875-3648
2920 Richmond Ave. NE • Canton, OH 44705
330-730-2412
5 person teams, 95% handicap league, Thurs. at 6 p.m. starting 1st week in May through last week in Aug.

Canton Shuffleboard Club330-456-4521
Wise Park on the corner of 26th St. and Harvard St. NW
Open play May, June, Sept.

Forever Young330-477-6267
Canton Baptist Temple, Activities Bldg., 518 Whipple Ave. NW • Canton, OH 44708
www.cantonbaptist.org
ministry designed to inspire mature adults. Thurs. 10 a.m. - 11:30 a.m.

Walking Club330-492-4689
Diamond Sports Complex, 2782 Diamond St. NE • Canton, OH 44721
indoor walking, free Mon., Tues., Thurs. and Fri., 9 a.m.-11 a.m.

AARPs - AMERICAN ASSOCIATION OF RETIRED PERSONS

- AARP Ohio**.....1-866-389-5653
17 S. High St., Ste. 800 • Columbus, OH 43215
www.aarp.org/state/oh
locate a chapter in your community
- AARP Grandparenting Information Center**.....1-888-687-2277
601 E. St. NW • Washington, DC 20049
www.aarp.org
information and resources on being a good grandparent, visitation rights, and raising grandchildren
- Chapter #1808 - Minerva**.....330-862-2072
Minerva Senior Center, 1200 Valley St. • Minerva, OH 44657
4th Tues. at noon
- Chapter #2267 - Canton Edgefield**.....330-455-4195
Tozzi's on 12th, 4210 12th St. NW • Canton, OH 44708
Last Fri. at noon except Jul., Aug.
- Chapter #2433 - Greater Hartville**.....330-877-3669
Hartville Church of Brethren, 353 Crestmont St. • Hartville, OH 44632
2nd Wed. at noon, except Jan., July, Aug.
- Chapter #2630 - Alliance Area**.....330-821-3348
Alliance Area Senior Center, 602 W. Vine St. • Alliance, OH 44601
1st Wed. at noon except Jan., July
- Chapter #2934 - Osnaburg Township**.....330-488-2506
Foltz Community Center, 224 Wood St. N • East Canton, OH 44730
3rd Tues. at 11:30 a.m. except Jan.
- Chapter #3336 - Massillon**.....330-832-7385
Eagles 190, 303 Weirich Blvd. NW • Massillon, OH 44646
3rd Thurs. at 11 a.m.
- Chapter #3541 - Jackson Township**.....330-854-2443
St. John Lutheran Church, 1900 Wales Ave. NW • Massillon, OH 44646
3rd Thurs. at noon, except July, Aug.
- Chapter #4121 - Everhard-Belden**.....330-499-8495
Chateau Michelle, 2231 44th St. NW • Canton, OH 44709
2nd Tues. at noon
- Chapter #4647 - Sandy Valley Area-Magnolia**.....330-866-3931
Crossroads Restaurant, 11141 St. Rt. 800 NE • Magnolia, OH 44643
4th Thurs. at noon except Aug.
- Chapter #4885 - Canton South**.....330-484-1109
North Industry Christian Church, 425 45th St. SW • Canton, OH 44706
4th Wed. at noon except July, Aug.
- Chapter #5190 - Plain Township**.....330-494-9645
Chateau Michelle, 2231 44th St. NW • Canton, OH 44709
4th Thurs. at noon

SENIOR CENTERS

- Alliance Area Senior Center**.....330-821-3348
602 W. Vine St. • Alliance, OH 44601
- Canton Jewish Community Center**.....330-453-0132
2631 Harvard Ave. NW • Canton, OH 44709
www.jewishcanton.org
monthly activities include trips and brunch; Men's Breakfast meets on the 2nd Wed. at 9:30 a.m.; Women's Breakfast meets 2nd and 4th Mon. at 10 a.m.
- Lake Senior Center**.....330-877-1298
1635 Edison St. NW • Uniontown, OH 44685
Lake Center Seniors meet every 3rd Thurs., health clinic and blood pressure check held 2nd Fri. every other month 9 a.m. – 11 a.m., free income tax form preparation by appointment, fitness classes Mon., Wed., Fri., Movie & Lunch last Wed., Book Club 10 a.m. 2nd Thurs., Euchre Mon. 6 p.m. and Fri. 7 p.m., Bingo times vary
- Massillon Senior Center**.....330-837-2784
39 Lincoln Way W • Massillon, OH 44647
www.massillonohio.com
monthly Outreach Meals, daily lunches at noon, exercise classes, monthly day trips, crafts, chorus, Bingo, etc.
- Mayfield Senior Center**.....330-477-9982
3825 13th St. SW • Canton, OH 44710
www.mayfieldseniorcenter.org
monthly activities include spaghetti dinner on the 2nd Thurs., 4 p.m.–6 p.m., free soup on the 4th Thurs., 11:30 a.m. - 12:30 p.m., Bingo is held weekly on Wed. at 6:30 p.m. and Sat. at 1 p.m., Exercise class on Mon., Wed. and Fri., 9 a.m.–10 a.m.
- Meyers Lake YMCA**.....330-454-9018
1333 N. Park Ave. NW • Canton, OH 44708
www.ymcastark.org
Silver Club Thur., Silver Sneakers, Helping Hands, lunches, Bingo, trips, Euchre, and more
- Minerva Senior Center**.....330-868-6004
1200 Valley St. • Minerva, OH 44657
weekly activities include dinners Mon. – Fri. at 5 p.m. reservations required, Bingo on Wed. at 1 p.m. and Euchre on Fri. at 7 p.m., card parties
- North Canton YMCA**.....330-499-2587
200 S. Main St. • North Canton, OH 44720
www.ymcastark.org
weekly activities include the senior social club Wed., 9:30 a.m. – 1:30 p.m., health and fitness classes including senior fitness, low-impact aerobics, chair yoga, arthritis aquatic, gymnastics, physically challenged and senior day trips
- Northwest Stark Senior Center**.....330-854-6307
853 Locust St. • Canal Fulton, OH 44614
weekly activities include: Tong Mon., 5 p.m., Euchre group Mon. 7 p.m., writers group Tues., 10 a.m.–noon, scrapbooking 1st and 3rd Wed. 10 a.m.–3 p.m., tile painting 2nd Tues. of month, 9 a.m.–noon, and bridge group Fri. at noon

SENIOR CENTERS *Continued*

Salvation Army Senior Citizens Center 330-453-0158
 420 Market Ave. S • Canton, OH 44702
 www.salvationarmy.org
meetings on Mon., Wed. and Fri., 10 a.m. – 2 p.m.

VETERAN GROUPS

Disabled American Veterans Chapter 50 330-823-0868
 9540 McCallum Ave. NE • Alliance, OH 44601
assistance for veterans and family members with filing claims and paperwork

Stark County Veterans' Service Commission 330-451-7457
 110 Central Plaza S, Ste. 424 • Canton, OH 44702
services for veterans and eligible dependents including assistance with filing VA benefits, and transportation to VA hospitals

U.S. Department of Veterans Affairs 1-800-827-1000
 1240 E. 9th St., Rm. 1051 • Cleveland, OH 44199
 www.va.gov

VA Canton Outpatient Clinic 330-489-4600
 733 Market Ave. S • Canton, OH 44702
medical clinic for eligible veterans, call for appointment

AREA HEALTH & WELLNESS PROGRAMS

Aultman Blood Center 330-363-6343
 2600 Sixth St. SW • Canton, OH 44710
 www.aultman.org

Aultman West Blood Donor Room 330-834-4190
 2021 Wales Rd. NE • Massillon, OH 44646
two donation locations as well as bloodmobile; see schedule at www.aultman.org

Aultman Institute - Sharon Lane Health Information Center 330-363-3333
 Aultman Hospital Main Lobby • Canton, OH 44710
 www.aultman.org
health educators provide information on diseases, medications, medical tests, or other health-related questions 7:30 a.m.–4 p.m. weekdays

Alzheimer's Association 330-966-7343
 408 9th St. SW • Canton, OH 44707
 www.alz.org/akroncantonyoungstown

American Cancer Society 1-888-227-6446
 www.cancer.org

American Diabetes Association 330-835-3149
 4500 Rockside Rd., Ste. 440 • Independence, OH 44131
 www.diabetes.org
services, screenings and information

American Heart Association, Stark County Division 330-478-8383
 4682 Douglas Cir. NW • Canton, OH 44718
 www.americanheart.org

American Lung Association of Ohio 1-800-LUNG-USA
 6100 Rockside Woods Blvd., Ste. 260 • Independence, OH 44131 1-216-524-5864
 www.ohiolung.org
education, research, & advocacy for lung disease, help with smoking cessation

American Red Cross of Stark County 330-453-0146
 525 Market Ave. N • Canton, OH 44702
 www.stark.redcross.org

Arthritis Foundation, Northeastern Chapter 1-800-245-2275
 4630 Richmond Rd., Ste. 240 • Cleveland, OH 44128
 www.arthritis.org
office hours are Mon. – Fri., 9 a.m. – 4:30 p.m.

Canton Community Clinic 330-454-2000
 2725 Lincoln St. E • Canton, OH 44707

Crisis Intervention Center of Stark County 1-800-956-6630
 2421 13th St. NW • Canton, OH 44708 330-452-6000
handles adult abuse & other senior emergencies 24 hrs. a day

Geriatric Care Management - Trillium Family Solutions 330-454-7066
 624 Market Ave. N • Canton, OH 44702 or 330-454-7952 TDD
 www.trilliumfs.org

Goodwill Voucher Program 330-454-9461
 408 9th St. SW • Canton, OH 44707
 www.goodwillclevacanton.org
provide vouchers for clothing at Goodwill retail stores

Goodwill Speech and Audio Services 330-454-9461
 408 9th St. SW • Canton, OH 44707
 www.goodwillclevacanton.org
hearing testing and speech therapy

Health Department - Canton 330-489-3231
 420 Market Ave. N • Canton, OH 44702
 www.cantonhealth.org

Health Department - Alliance 330-821-7373
 537 E. Market St. • Alliance, OH 44601
 www.cityofalliance.com/health/

Health Department - Massillon 330-830-1710
 845 8th St. NE • Massillon, OH 44646
 www.massillonohio.com/health

Health Department - Stark County 330-493-9904
 3951 Convenience Cir. NW • Canton, OH 44718
 www.starkhealth.org

Immunization/Vaccination Clinics - Area Health Departments
for information, call your local health department

LifeShare Community Blood Services 330-489-1076
 1455 Harrison Ave. NW • Canton, OH 44708 1-866-644-LIFE
 www.lifeshare.cc

AREA HEALTH & WELLNESS PROGRAMS *Continued*

- Myasthenia Gravis Foundation - Ohio Chapter**.....330-834-9066
126 Gnau Ave. SW, Unit B • Massillon, OH 44646
www.myasthenia.org or www.ohiochaptermgf.org
support and information for patients and family members with M.G.
- National Multiple Sclerosis Society Ohio Buckeye Chapter**.....1-800-344-4867
6155 Rockside Rd., Ste. 202 • Independence, OH 44131
www.msohiobuckeye.org
- National Association for Continenence (NAFC)**1-800-BLADDER
P.O. Box 1019 • Charleston, SC 29402
www.nafc.org
find an expert in continence care, call for information & brochures
- New England Association on HIV Over Fifty**1-617-233-7107
23 Miner St. • Boston, MA 02215
www.hivoverfifty.org
- Ohio Senior Health Insurance Information Program (OSHIIP)**1-800-686-1578
50 W. Town St., Ste. 300 • Columbus, OH 43215
www.insurance.ohio.gov
- Physician Referral - Aultman Hospital**330-438-6254
2600 Sixth St. SW • Canton, OH 44710
www.aultman.org
help with selecting a physician
- Prescription Assistance Network of Stark County**330-445-1087
408 9th St. SW • Canton, OH 44707
provides medication assistance to Stark County residents who are without prescription insurance and have a low to moderate income
- PrimeTime Seniors - Aultman Hospital**.....330-363-6262
2600 Sixth St. SW, First Floor • Canton, OH 44710
www.aultman.org
services & activities for people 50+ including educational, social, travel programs & fitness
- Rehabilitation Services Commission**.....330-438-0500
401 Market Ave. N., Ste. 200 • Canton, OH 44702
www.rsc.ohio.gov
- Safe Driving Program Aultman PrimeTime Seniors & 5-0 Programs**330-363-6262
2600 Sixth St. SW • Canton, OH 44710
888-285-7746
held each Feb., Apr., June, and Oct.
- Senior Friends - Easter Seals Northeast Ohio**.....1-800-589-6834
3085 W. Market Ste., Ste. 124 • Akron, OH 44333
www.eastersealsneo.org
weekly visitation program for adults 60+ (55 for developmentally disabled) who are isolated and in need of regular interaction. Transportation services also provided.
- Senior Friends - Mercy Medical Center**330-489-1215
1320 Mercy Dr. NW • Canton, OH 44708
1-800-223-8662
www.cantonmercy.org
health & wellness educational program, local Ohio Senior Health Insurance Information Program (OSHIIP) Office

- The Kidney Foundation of Ohio**1-216-771-2700
2831 Prospect Ave. • Cleveland, OH 44115
www.kfohio.org
- The Salvation Army of Alliance**330-823-5188
57 W. Main St. • Alliance, OH 44601
www.salvationarmy.org
- The Salvation Army of Canton**330-453-0158
420 S. Market Ave. • Canton, OH 44702
www.salvationarmy.org
- The Salvation Army of Massillon**330-833-6473
143 1st St. SE • Massillon, OH 44646
www.salvationarmy.org
- U.S. Department of Health & Human Services**1-877-696-6775
200 Independence Ave. SW • Washington, DC 20201
202-671-4200
www.healthcare.gov
- Western Stark Free Clinic**.....330-834-1546
820 Amherst Rd. NE • Massillon, OH 44646
provides free comprehensive medical, dental, and pharmaceutical care for low-income, non-insured, and homeless individuals in Stark County

SERVICES FOR THE DISABLED

- AbleData - National Rehabilitation Information Center**1-800-227-0216
8630 Fenton St., Ste. 900 • Silver Springs, MD 20910
www.abledata.com
source for assistive technology information
- Association for Retarded Citizens (ARC)**330-492-5225
4450 Belden Village St. NW, Ste. 307 • Canton, OH 44718
www.arcstark.org
advocacy agency for developmentally disabled
- Deaf Community Services - Trillium Family Solutions**330-454-7066
624 Market Ave. N • Canton, OH 44702
or 330-454-7952 TTY
www.trilliumfs.org

General Nursing Services • Secured Memory Care • Rehabilitation Suites

McKinley Health Care Center
800 Market Ave. N Canton, OH 44702
330.456.1014

Preserving the Quality of the Past

SERVICES FOR THE DISABLED *Continued*

- Easter Seals of Northeast Ohio**1-800-589-6834
3085 W. Market St., Ste. 124 • Akron, OH 44333
www.eastersealsneo.org
programs providing families with assistance, relief and support from the daily care of a family member with disabilities
- Goodwill Industries of East Central Ohio, Inc.**..... 330-454-9461
408 9th St. SW • Canton, OH 44707
www.goodwillclevelandcanton.org
- Handicapped Parking Card**1-800-589-8247
www.ohiobmv.com, Form 4826
- ICAN Housing Solutions.**..... 330-455-9100
1214 Market Ave. N • Canton, OH 44714
www.ican-inc.org
housing assistance for persons with severe and persistent mental illness
- Make-A-Way, Inc.**..... 330-837-0650
227 3rd St. SE, P.O. Box 904 • Massillon, OH 44646
www.makeaway.org
social/recreational center for adults affected by mental illness, mental retardation, developmental disabilities and loneliness
- Philomatheon Society of the Blind, Inc.** 330-453-9157
2701 Tuscarawas St. W • Canton, OH 44708
www.philomatheon.com
- Pilot Dogs, Inc.**1-614-221-6367
625 W. Town St. • Columbus, OH 43215
www.pilotdogs.org
trains and provides pilot dogs to guide the blind
- Siffrin, Inc.** 330-478-0263
2912 Whipple Ave. NW • Canton, OH 44708
www.siffrin.com
provides supervised living, community supports, foster family, fiscal services, supported employment services and day services
- Stark County Board of Developmental Disabilities**..... 330-477-5200
2950 Whipple Ave. NW • Canton, OH 44708
www.starkdd.org
adult centers and family resource services

MEDICARE ASSISTANCE

- KePro, Inc.**1-800-589-7337
www.ohiokepro.com
protects rights and health of persons on Medicare
- Medicare Form Help**..... 330-877-1298
Lake Senior Center, 1635 Edison St. NW • Uniontown, OH 44685
- Medicare Automated Phone System**.....1-800-633-4227
www.medicare.gov
or 1-877-486-2048 TTY
Medicare number and birth date required

- Medicare and You**1-800-633-4227
www.medicare.gov
Federal government handbook, publications
- Web-based Training Tool**
www.cms.hhs.gov
- Medicare Discount Drug Card**
provides a state-by-state list of providers, visit website for information
- Introducing Medicare-Approved Drug Discount Cards**
a brief introductory overview of the Medicare-approved drug discount cards and \$600 credit, publication identification number 11060
- Medicare-Approved Drug Discount Card Tip Sheet**
guidance for counselors, caregivers, and intermediaries who help people with Medicare compare and choose drug discount cards, publication identification number 11071
- Guide to Choosing a Medicare-Approved Drug Discount Card**
information on the Medicare-approved drug discount cards including who can get them, how they work, and how to choose the best card for you, publication identification number 11062
- Drug Discount Card Enrollment Tip Sheet**
explains how to enroll for a Medicare-approved drug discount card once you know which card you want, publication identification number 11076
- Medicare Rights Center**1-800-333-4114
www.medicarerights.org
source of Medicare information and assistance to help older adults receive high-quality, affordable health care
- Prescription Assistance Network of Stark County** 330-445-1087
408 9th St. SW • Canton, OH 44707
Medicare Part D assistance; please call first

SUPPORT GROUPS

- A.L.S. Support Network (Lou Gehrig's Disease)** 330-492-4257
4450 Belden Village St. NW, Ste. 202 • Canton, OH 44718
330-497-1792
www.alscareproject.org
- Al-Anon**..... 330-438-9511
support group and information for families and friends of alcoholics
- Alcoholics Anonymous**..... 330-491-1989
4125 Hills & Dales, Ste. 400B • Canton, OH 44708
www.aaincantonohio.org
meeting dates online
- Alzheimer's Association Chapter Office** 330-966-7343
409 9th St. SW, Ste. 1610 • Canton, OH 44707
www.alz.org/akroncantonyoungstown
please call to confirm monthly meetings

SUPPORT GROUPS *Continued*

- Alzheimer's Support Group Meetings - Alzheimer's Association** 800-272-3900
Alliance Community Hospital
 200 E. State St. • Alliance, OH 44601
1st Thurs. at 7 p.m.
- Canton Area Daytime Support Group Meeting**
Faith United Methodist Church, 300 9th St. NW • North Canton, OH 44720
 www.faithumchurch.org
3rd Thurs. at 1 p.m.
- Canton Area Evening Support Group Meeting**
Sirak Financial Building
 4700 Dressler Rd. NW, Ste. 200 • Canton, OH 44718
4th Tues. at 7 p.m.
- Early Stage Support Group** 330-966-7343
please call the chapter office for meeting times and place
- Massillon Area Support Group Meeting**
Affinity Medical Center, Classroom 1, 875 8th St. NE • Massillon, OH 44646
2nd Tues. at 6 p.m.
- American Association for Geriatric Psychiatry**
 www.aagponline.org
dedicated to promoting the mental health and well-being of older adults
- American Brain Tumor Association** 800-886-2282
referrals to support groups
- American Lung Association of Ohio** 1-800-LUNG-USA
 6100 Rockside Woods Blvd., Ste. 260 • Independence, OH 44131 1-216-524-5864
 www.ohiolung.org and www.midlandlung.org
- Aultman Grief Support Groups**..... 330-479-4805
Aultman Woodlawn, 2821 Woodlawn Ave. NW • Canton, OH 44708
 www.aultman.org
groups include: General Group, Lunch Bunch Group, young widows & widowers (55 yrs. or younger)
- Canton Baptist Temple Reformers Unanimous Addiction Program**..... 330-477-6267
 515 Whipple Ave. • Canton, OH 44708
Fri. 7-9 p.m.
- CAREGIVERS**..... 330-454-3200
S.A.R.A.H. Center, 800 Market Ave N • Canton, OH 44702
 www.sarahcare.com
- Caregivers Survival Strategies** 330-363-6262
Aultman PrimeTime Senior Program, 2nd Wed. 6:30 pm. – 8:30 p.m.
- Diabetic Support Group** 330-596-7145
Alliance Community Hospital, 200 E. State St. • Alliance, OH 44601
offered five times per year. Outpatient diabetes education classes and an annual community Diabetic Seminar.
- Diabetes (Type 2) Support Group**..... 330-363-5235
Aultman Hospital, 2600 Sixth St. SW • Canton, OH 44710
"Lunch Bunch" diabetes support group meets the 2nd Tues. (Sept. - May) from noon to 1 p.m. There is no charge. Call for more information or to make a reservation.

- Domestic Violence Project - Canton Hotline** 24-hour hotline...330-453-SAFE
 P.O. Box 9432 • Canton, OH 44711
 www.domesticviolenceproj.org
- Domestic Violence Support Group** 330-491-1351
 www.domesticviolenceproj.org
support groups for victims of domestic violence
- Epilepsy Foundation of Central Ohio** 1-800-878-3226
 17 S. High St., Ste. 1000 • Columbus, OH 43125
 www.epilepsy-ohio.org
- Geriatric Mental Health Foundation** 1-301-654-7850
 www.gmhfonline.org
mental health information
- GRIEFSHARE** 330-935-0132
The Chapel in Marlboro, 8700 Edison St. • Louisville, OH 44641
 www.marlboro-chapel.org
Sun. at 6 p.m.
- Grief Support Group 'The Hopeful Journey'** 330-833-4839
Affinity Medical Center, 875 8th St. NE • Massillon, OH 44646
 www.affinitymedicalcenter.com
self-help support group for widows and widowers
- Information and Referral - United Way of Greater Stark County** 330-455-4636
 www.uwstark.org
- Look Good...Feel Better** 330-363-6264
Aultman Hospital, 2600 Sixth St. SW • Canton, OH 44710
 www.aultman.org
Cancer Support, 2nd Tues. and Wed. of each month
- Lucky Strokes** 330-489-1135
Mercy North Canton, 6200 Whipple Ave. NW • North Canton, OH 44720
support group for stroke survivors and caregivers, 3rd Tues., 6:30 – 8:30 p.m., except July and Dec.
- Man-to-Man** 1-800-227-2345
American Cancer Society, one on one support for men dealing with issues of prostate cancer
 www.cancer.org
- Mercy Medical Center Breast Cancer Support Group** 330-430-2788
Mercy Medical Center, 1320 Mercy Dr. NW • Canton, OH 44708
2nd Mon. 6:30 p.m.
- Mercy Medical Center Cancer Support Group**..... 330-430-2788
Mercy Medical Center, 1320 Mercy Dr. NW • Canton, OH 44708
2nd Thurs., 6 - 7:30 p.m.
- Midwest Parkinson's Awareness of N.E. Ohio**..... 330-829-2964
provides wide range of patient, caregiver and health professional services
- Myasthenia Gravis Foundation - Ohio Chapter**..... 330-834-9066
 126 Gnau Ave. SW Unit B • Massillon, OH 44646
 www.ohiochaptermgf.org

SUPPORT GROUPS *Continued*

- Parkinson's Disease Support Group**..... 330-837-1443
North Canton Medical Foundation, 6046 Whipple Ave. NW • Canton, OH 44718
2nd Thurs. 2 p.m., contact David and Marcia Short
- RENEW Counseling Recovery Center (Empower Women Through Changes)** 330-491-1351
www.domesticviolenceproj.org.....24-hr. hotline 330-453-SAFE (7233)
- Stroke Support Group** 330-596-7602
Alliance Community Hospital, 200 E. State St. • Alliance, OH 44601
3rd Tues. at 2 p.m., Community Care Center Fireplace Lounge
- Stroke Support Group T.H.I.N.K.** 330-479-4871
Aultman Woodlawn 2821 Woodlawn Ave., NW. • Canton, OH 44708 330-479-4853
offers discussion, caregiver support, resource sharing, and an environment to promote motivation and offer encouragement to those who attend. Held every 3rd Thurs. from 1-2:30 p.m.
- Survivors' Support Group**
Crisis Intervention Center of Stark County 330-452-6000
2421 13th St. NW • Canton, OH 44708
support group for those grieving a suicidal death
- Transplant Recipient International Organization**..... 330-453-8214
North Canton Medical Foundation, Education Bldg. A,
6046 Whipple Ave. NW • North Canton, OH 44720
www.trioakroncanton.blogspot.com
for recipients and those awaiting a transplant, monthly, 3rd Tues., 6:30 – 8:30 p.m.
- Widows Fellowship** 330-832-1234
First Baptist Church of Massillon, 20 6th St. SE • Massillon, OH 44646
3rd Fri. at 11:30 a.m.

CAREGIVER WEBSITES

- ElderWeb**..... www.elderweb.com
- Family Caregiver Alliance**..... www.caregiver.org
eldercare tips, financial, legal, medication and housing links
- National Organization For Empowering Caregivers (NOFEC)**..... www.care-givers.com
an alternative to traditional caregiver sites and includes journal exercises, chats, and resources
- National Alliance for Caregiving** www.caregiving.org
a national resource on caregiving
- National Association of Home Care and Hospice**..... www.nahc.org
referral links and general information
- Administration on Aging** www.aoa.gov
mission is to develop comprehensive home and community-based services that help elderly individuals maintain their health & independence in their homes and communities.
- National Federation of the Blind**..... www.nfb.org
information on tools and gadgets that promote self-care and help in caregiving
- National Funeral Directors Association** www.nfda.com
- Ohio Health Care Association**..... www.ohca.org
an information and education resource to Ohio's long-term care providers
- OurParents**..... www.ourparents.com
Free elder care directory focused on assisting adult children and their aging parents

DAY SERVICES/HOUSING SERVICES

- A Place For Mom**..... 1-877-MOM-DAD9
www.aplaceformom.com
free advisory service for families in search of eldercare
- Administration on Aging (AOA)** 202-619-0724
www.aoa.gov 1-800-677-1116 eldercare locator
information on assistive technology, housing services, independent living, nursing facilities, and provides online eldercare locator service
- Adult Day Service Center - J.R. Coleman**..... 330-454-3471
3909 Blackburn Rd. NW • Canton, OH 44718
www.colemancenter.org
provides daytime care and companionship for adults who need assistance or supervision
- Alliance Housing for the Elderly**..... 330-823-4004
449 E. Main St. • Alliance, OH 44601
housing for 62+, low income, or disabled, rent based on income, services such as home health aides, meal assistance, etc., are available to residents
- Alternatives for Seniors** 800-350-0770
preferred resource for senior housing and services
- American Association of Homes and Services for the Aging (AAHSA)**..... 1-202-783-2242
www.aahsa.org
free consumer tips on finding home and community services, assisted living, nursing homes, and continuing care retirement communities
- Area Agency On Aging**..... 1-800-421-7277
District 10B, 1550 Corporate Woods Parkway • Uniontown, OH 44685
www.services4aging.org
- Residential State Supplement (RSS)** - home-like group living arrangement for those not eligible for nursing home care and not able to live on their own, housing includes cash supplement, medication supervision, and personal care assistance
- Grace House - J.R. Coleman**..... 330-455-3873 ext. 407
26th St. NE • Canton, OH 44705
www.colemancenter.org
a shared living environment providing independent living for single women 55+
- St. Paul's Senior Housing - J.R. Coleman** 330-455-9006
1732 Market Ave. N • Canton, OH 44714
www.colemancenter.org
subsidized, independent housing for older adults and disabled/handicapped
- Senior Independence Adult Day Center**..... 330-498-0424
349 Lindy Lane NW • North Canton, OH 44720
www.seniorindependence.org
an adult daycare facility

DAY SERVICES/HOUSING SERVICES *Continued***Stark County Fair Housing Department**330-451-7775

201 3rd St. NE, Suite 201 • Canton, OH 44702

www.rpc.co.stark.oh.us

*dedicated to the elimination of housing discrimination, and counsels landlord/tenant matters***Stark Metropolitan Housing Authority (SMHA)**.....330-454-8051

Central Office, 400 E. Tuscarawas St. • Canton, OH 44702

www.starkmha.org

*provides affordable housing to low income families, as well as senior nutrition/meal programs, REAP program, medical and podiatry clinics for residents of the program***U.S. Department of Housing and Urban Development (HUD)**1-216-522-4058

Cleveland Field Office, 1350 Euclid Ave, Ste. 500 • Cleveland, OH 44115

www.hud.gov

*listing of HUD approved housing counseling agencies for information on buying, renting, foreclosures, credit issues, and reverse mortgages***LONG-TERM CARE ASSISTANCE****Alliance Visiting Nurse Hospice**330-821-7055

885 S. Sawburg Ave. • Alliance, OH 44601

www.achosp.org

*skilled in-home nursing, physical, occupational and speech therapy***America's Health Insurance Plans**.....1-202-778-3200

601 Pennsylvania Ave. NW, South Building, Ste. 500 • Washington, DC 20004

www.ahip.org

*information on long-term care insurance***Aultman Woodlawn and Compassionate Care Center**.....330-479-4805

2821 Woodlawn NW • Canton, OH 44708

www.aultman.org

*provides hospice care for terminally ill, and palliative care for those facing life-threatening diseases***Area Agency On Aging**.....1-800-421-7277

District 10B, 1550 Corporate Woods Pkwy. • Uniontown, OH 44685

www.services4aging.org

PASSPORT Program - long-term Medicaid program for low income seniors, provides an opportunity to remain in their own homes**Care Coordination** - in-home care program for older adults not eligible for PASSPORT, services include: adult day services, home-making, personal care, and safety monitoring**Family Caregiver Respite Program** - in-home care for those who are eligible providing respite for caregivers, services include: adult day services, education, friendly visiting, homemaker, and personal care**Long-Term Care Ombudsman Program** - answers questions and offers advice on long-term care for patients, family members and seniors**Guide to Choosing a Nursing Home**1-800-633-4227**Department of Health and Human Services**

www.medicare.gov/NHCompare

*find & compare nursing homes in your area, lists quality measures, any health deficiencies, ratio of staff to residents, etc.***Community Hospice of Stark County**.....330-493-0126

408 9th St. SW • Canton, OH 44707

www.myhospice.org

*home care for the terminally ill***Long-Term Care Ombudsman**1-202-332-2275

1828 L St. NW, Ste. 801 • Washington, DC 20036

www.ltombudsman.org

*provides consultation & information for those who use ombudsman services***Mercy Medical Center Hospice**.....330-649-4380

7568 Whipple Ave. NW • North Canton, OH 44720

www.cantonmercy.org/hospice

*hospice care for terminally ill, and palliative care for those facing life-threatening diseases***National Clearinghouse for Long-Term Care Information**

www.longtermcare.gov

*U.S. Department of Health & Human Services website that provides information & resources for future long-term care needs***Nursing Aide Registry**1-800-582-5908**Ohio Department of Health, Nursing Aide Registry**

246 N. High St., 1st Floor • Columbus, OH 43215-2412

www.odh.ohio.gov

*registry maintains record of nurse aides who have had a finding of abuse, neglect or misappropriation of property against them***State of Ohio Long-Term Care (LTC) Ombudsman**1-800-266-4346**Ohio Department of Aging**, 50 W. Broad St., 9th floor • Columbus, OH 43215

www.aging.ohio.gov

*advocates for those receiving home care, assisted living & nursing home care***Long-Term Care Consumer Guide - The Ohio Department of Aging**

www.ltcoho.org

*website includes information on home care, assisted living, choosing a nursing home, legal matters, payment options and resolving problems that relate to extended care***Visiting Nurse Service and Affiliates**.....330-837-6873

930 Amherst Rd. NE • Massillon, OH 44646

www.vnsa.com

skilled in-home nursing, including traditional home care, private duty, infusion therapies, or end-of-life care

HOMEMAKER SERVICES

- Caring Hands, Inc.** **Minerva 330-868-5466**
 885 S. Sawburg Ave., Ste. 107 • Alliance, OH 44601 **Alliance 330-821-6310**
www.achosp.org
personal care, light home-making chores, errands, Lifeline Emergency Response System, private duty home care available
- Trillium Family Solutions** **330-454-7066**
 624 Market Ave. N • Canton, OH 44702
www.trilliumfs.org
assistance with housekeeping, personal care, errands, and medical visits
- Westark Family Services** **330-832-5043**
 42 1st St. NE • Massillon, OH 44646
www.westarkfamilyservices.com
provides personal care to the elderly and homemaker services

HOME MAINTENANCE ASSISTANCE

- City of Canton Community Development** **330-489-3330**
 218 Cleveland Ave. SW, 5th Floor • Canton, OH 44701
limited grants available to income-qualified City of Canton residents for owner-occupied homes that need serious repairs presenting eminent danger to health or safety
- Home Weatherization Program - Stark County Community Action Agency** **330-452-9823**
 3013 Mahoning Rd. NE • Canton, OH 44705
www.sccaa.org
energy conservation work on homes
- Home Repair & Modification**
- J.R. Coleman** **330-455-3873 ext. 407**
 1731 Grace Ave. NE • Canton, OH 44705
www.colemancenter.org
minor home repair and modifications, installation of wheelchair ramps, hand rails, grab bars
- Stark County Beekeepers Association** **330-868-3692**
 14945 Liberty Church St. SE • Minerva, OH 44657 **330-205-5595**
handles bee problems, picks up swarms
- Stark-Tuscarawas-Wayne Joint Solid Waste Management District** **800-678-9839**
www.timetorecycle.org
information on recycling & hazardous waste dropoffs, preserving landfill space, online publication available

EMERGENCY & TEMPORARY HOUSING

- Homeless Hotline** **330-452-4363**
- Shelter Referral - Domestic Violence Project** **330-453-7233**

ASSISTANCE SERVICES & PROGRAMS

- Administration on Aging (AOA)** **202-619-0724**
www.aoa.gov
comprehensive overview of aging programs, services and topics.
- Adult Protective Service - Stark County Job and Family Services & Trillium Family Solutions** **330-455-5437**
www.djfs.co.stark.oh.us
24-hour report line for instances of abused, neglected, and exploited older adults
- Aging Connection Newsletter**
www.aging.ohio.gov/news/agingconnection/
online newsletter dealing with issues affecting older citizens, published monthly by the Ohio Department of Aging
- American Red Cross Philips Lifeline - Medical Alert Service** **1-800-959-6989**
www.stark.redcross.org **330-453-0146 ext. 120**
helping you and your loved ones live independently & safely at home, mention code P89 when you call for more information
- Area Agency On Aging** **1-800-421-7277**
 District 10B, 1550 Corporate Woods Parkway • Uniontown, OH 44685
www.services4aging.org
information and support for legal matters, elder rights, healthcare, medical, caregiver assistance, senior centers, nursing home placement, and local resources
- Benefits CheckUp®** - A service of The National Council On Aging
www.benefitscheckup.org
screen for benefit programs for senior with limited income & resources
- Better Business Bureau, Canton Region** **1-800-362-0494**
 1434 Cleveland Ave. NW • Canton, OH 44703 **330-454-9401**
www.canton.bbb.org
Mon. – Fri., 9 a.m. – 4 p.m., provides business reliability reports, dispute resolution, charity review and information, referral services, mediation and arbitration services, give speeches to area organizations on scams and senior issues
- Community Services of Stark County, Inc.** **330-455-0374**
 625 Cleveland Ave. NW • Canton, OH 44702
www.communityservicesofstark.org
- Eldercare Locator** **1-800-677-1116**
- Administration on Aging Sponsored Website**
www.eldercare.gov
connecting you to community services
- Golden Buckeye Program** **1-866-301-6446**
Ohio Department of Aging
 50 W. Broad St., 9th floor • Columbus, OH 43215
www.aging.ohio.gov/goldenbuckeye/
Ohioans 60+ as well as adults 18-59 who have Medicare-certified disabilities are eligible, cards available at public libraries, most senior centers, or by calling

ASSISTANCE SERVICES & PROGRAMS *Continued*

- Partnership for Prescription Assistance** 1-888-4PPA-NOW
 www.pparx.org 330-477-2669
designed to help patients and caregivers find patient assistance programs for prescription medication
- Meal Call**
 www.mealcall.org
locate Meals on Wheels sites in your area
- Meals on Wheels of Stark and Wayne Counties**1-800-466-8010
 2363 Nave St. SE • Massillon, OH 44646 330-832-7220
 www.mow-starkwayne.org
community service providing meals in a social or home setting; see page 48 for a complete list of meal sites
- National Association of Professional Geriatric Care Managers (NAPGCM)**
 www.caremanager.org
a non-profit organization providing referrals to licensed professionals in your area (care managers are professionals who specialize in assisting older people and their families attain the highest quality of life)
- National Council on Aging (NCOA)**.....1-800-424-9046
 Headquarters, 1901 L St. NW, 4th Floor • Washington, DC 20036
 www.ncoa.org
national network of organizations and individuals dedicated to improving the health and independence of older persons
- National Library Service for the Blind and Physically Handicapped (NLS) - Talking Book Line**1-888-657-7323
 www.loc.gov/nls
through a national network of cooperating libraries, NLS administers a free library program of Braille and audio materials circulated to eligible borrowers in the United States by postage-free mail
- www.needymeds.org**
information source about patient assistance programs that provide no cost prescription medications to eligible participants
- North Canton Meals on Wheels**..... 330-494-0366
 7707 Market Ave. N • North Canton, OH 44721
office hours Mon. – Fri., 9 a.m. – noon, provide meal deliveries to homebound in North Canton and surrounding areas
- Ohio Civil Rights Commission - Akron Regional Office**1-330-643-3100
 161 S. High St., Ste. 205 • Akron, OH 44308
 www.crc.ohio.gov
primary educator & enforcer of Ohio’s laws against discrimination
- RUOK (Are You Okay)** 330-588-2204
offers a daily computerized telephone call to check on those 60+ who live alone in Stark County, ask for Carole Vesely
- Senior Citizens for Salvation Army - Senior Program**..... 330-453-0159
 420 S. Market Ave. • Canton, OH 44702
 Mon., Wed., and Fri., 10 a.m. – 2 p.m.

- Stark County Community Action Agency (SCCAA) Administrative Offices** ..330-454-1676
 1366 Market Ave. N • Canton, OH 44714
 www.sccaa.org
Mon. – Fri., 8 a.m. – 4:30 p.m., information on the HEAP and home weatherization programs
- Stark County Job and Family Services**..... 330-451-8861
 221 3rd St. SE • Canton, OH 44702 or 330-451-8879 TDD
 www.djfs.co.stark.oh.us
assistance for older adults including nursing home care for individuals who cannot pay for cost of care, Medicaid hospice program, and Medicare assistance
- Trillium Family Solutions**..... 330-454-7066
 624 Market Ave. N • Canton, OH 44702
 www.trilliumfs.org
support services for seniors and family members
- Clinical Counseling:** *individual and family counseling for those 60+ to help adapt with changes due to aging*
- Geriatric Care Management:** *assists family in long distance caregiving decisions, on-going support and monitoring of senior’s care*
- Guardianship Services:** *agency social workers serve as court appointed legal guardians of adults unable to make essential financial and living decisions*
- Geriatric Specialized Care Management:** *provide specially trained home care professionals for general light housekeeping, meal preparation, shopping, errands, respite care, etc.*
- United Way’s 2-1-1 Information & Referral Help Line**Dial 2-1-1 (or 330-491-9997)
 www.uwstark.org and click on 2-1-1
Do you need help, but don’t know where to find the information? Dial 2-1-1. Open 24 hours a day, seven days a week, you will have access to free confidential help from a trained specialist. Get connected to information and community resources for rent, utility, hot meal sites, prescriptions and more. Even if you’ve never needed help before, dial United Way’s 2-1-1.
- Westark Family Services**..... 330-832-5043
 42 1st St. NE • Massillon, OH 44646
 www.westarkfamilyservices.com
assistance to elderly with day-to-day functions, such as personal care, homemaker services, including paperwork

a single call that connects you with important community services 24 hours a day seven days a week 211 is always there for you

2-1-1™
 UNITED WAY of GREATER STARK COUNTY

- Bringing people and services together.
- Works like 911 for non-emergency questions on local services.
- Referrals to Stark County health and human service agencies.

*Not available on select cellular carriers. Problem? Call 330-491-9997.

CONGREGATE MEAL SITES

- Alliance Area Senior Center** 330-821-3348
602 W. Vine St. • Alliance, OH 44601
Thurs., 11:30 a.m.
- Canton Salvation Army** 330-453-0159 ext. 127
420 Market Ave. S • Canton, OH 44702
Mon., Wed., Fri., 10 a.m. – 2 p.m.
- Minerva Senior Center** 330-868-6004
1200 Valley St. • Minerva, OH 44657
Mon.–Fri., 5 p.m.
- Meals On Wheels** 330-832-7220
www.mow-starkwayne.org
times listed are for Mon. - Fri. at 11:45 a.m. All sites ask for a small donation. Reservations should be made 48 hours in advance by calling Meals On Wheels.
- Cherrie Turner Towers**
700 McKinley Ave. NW • Canton, OH 44703
- First Immanuel United Church of Christ**
208 E. Oxford St. • Alliance, OH 44601
- Girard Gardens**
2215 E. Tuscarawas St. • Canton, OH 44707
- Indian Run Apartments**
7785 Mottice Dr. SE • Waynesburg, OH 44688
- Lake Senior Center**
1663 Edison St. NW • Uniontown, OH 44685
- Massillon Senior Center**
39 Lincoln Way W • Massillon, OH 44646
- Mayfield Manor Apartments**
3844 11th St. SW • Canton, OH 44710
- North Industry Christian Church**
425 45th St. SW • Canton, OH 44706
- Paradise Church of Christ**
619 E. Main St. • Louisville, OH 44641
- Plaza Terrace Apartments**
716 30th St. NW • Canton, OH 44709
- William Hart Apartments**
125 E. Simpson St. • Alliance, OH 44601

FINANCIAL ASSISTANCE

- Consumer Credit Counseling Service** 1-800-355-2227
4500 E. Broad St. • Columbus, OH 43213
www.apprisen.com
- Consumer Protection Agency, Ohio** 1-800-282-0515
www.ohioattorneygeneral.gov

- Home Energy Assistance Program (HEAP)** 1-866-223-1242
Stark County Community Action Agency 330-454-1850
1370 Market Ave. N • Canton, OH 44702
www.sccaa.org
short-term help with high costs of heating & cooling
- Homestead Exemption** 330-451-7323
Stark County Auditor's Office
110 Central Plaza S, Ste. 220 • Canton, OH 44702
www.auditor.co.stark.oh.us/homestead.asp
reduction on real estate taxes for those 65+ or permanently disabled persons
- Internal Revenue Service** 1-800-829-1040
301 McKinley Ave. SW • Canton, OH 44702 330-588-4417
www.irs.gov
Mon. – Fri., 8:30 a.m. – 4:30 p.m. (closed for lunch 1-2 p.m.)
- Ohio Department of Taxation** 1-800-282-1780
www.tax.ohio.gov
- Reverse Mortgage Website**
www.reverse.org
independent information on reverse mortgages for homeowners 62+
- Social Security Administration** 1-800-772-1213 (national)
301 McKinley Ave. SW, Ste. 100 • Canton, OH 44702 877-255-1509 (local)
www.socialsecurity.gov
Mon. – Fri., 9 a.m. – 4 p.m.

LEGAL ASSISTANCE

- Community Legal Aid Helpline** 1-800-998-9454
www.communitylegalaid.org
non-profit law firm for low-income individuals & elderly
- Lawyer Referral - Stark County Bar Association** 330-453-0686
116 Cleveland Ave. NW, Ste. 400 • Canton, OH 44702
http://starkctybar.com/referrals.htm
consultation for legal assistance
- Ohio Legislative Information Office** 1-800-282-0253
www.legislature.state.oh.us/search.cfm
offers information on pending legislation, and phone number provides opportunity to leave messages for your legislator
- National Academy of Elder Law Attorneys** 703-942-5711
www.naela.org
locate an elder law attorney in your area
- Pro Seniors** 1-800-488-6070
7162 Reading Rd., Ste. 1150 • Cincinnati, OH 45237
www.proseniors.org
Mon. – Fri., 8:30 a.m. – 4:30 p.m., helping older Ohioans with legal and long-term care problems

LEGAL ASSISTANCE *Continued*

- Stark County Prosecutor**.....330-451-7897
110 Central Plaza S, Ste. 510 • Canton, OH 44702
www.co.stark.oh.us
represents citizens of Stark County in criminal & civil matters
- Stark County Veterans Service Commission**.....330-451-7457
110 Central Plaza S, Ste. 424 • Canton, OH 44702
www.co.stark.oh.us
administers Federal laws enacted for the benefit of veterans, their families and survivors
- Veterans Administration Regional Office**1-800-827-1000
1240 E. 9th St. • Cleveland, OH 44199
www.va.gov
administers federal laws enacted for the benefit of veterans

IDENTITY THEFT/SENIOR SCAM INFORMATION

- Better Business Bureau Wise Giving Alliance**.....1-703-276-0100
www.give.org
inquire about charities, file complaints, information on charity accountability
- Federal Trade Commission’s Identity Theft Hotline**.....1-877-ID-THEFT
www.ftc.gov (1-877-438-4338)
contact to learn more about identity theft, what to do if you suspect you are a victim, or if you need to order an annual credit report

If you suspect an identity theft, the first step in protecting yourself, is to alert the fraud departments of any one of the following three major credit bureaus to place a fraud alert on your credit file. The fraud alert requests creditors to contact you before opening any new accounts or making any changes to your existing accounts.

- Equifax Credit Bureau Fraud Division**1-800-525-6285
P.O. Box 740256 • Atlanta, GA 30374 or 1-866-478-0030 TDD
www.equifax.com
- Experian Credit Bureau Fraud Division**1-888-397-3742
955 American Lane • Schaumburg, IL 60173
www.experian.com
- Trans Union Credit Bureau Fraud Division**.....1-800-680-7289
P.O. Box 6790 • Fullerton, CA 92834
www.transunion.com
- Federal Trade Commission for the Consumer** 1-877-FTC-HELP (1-877-382-4357)
www.ftc.gov or 1-866-653-4261 TTY
publications and advice on avoiding scams and rip-offs, tips on other consumer topics, and consumer complaints
- National Do Not Call Registry**.....1-888-382-1222
www.donotcall.gov
registering your telephone number will help to limit telemarketer’s calls

- Social Security Administration’s Fraud Hotline**1-800-269-0271
301 McKinley Ave. SW, Ste. 100 • Canton, OH 44702 877-255-1509
www.ssa.gov/oig
report fraud and abuse within Social Security programs and operations
- U.S. Postal Inspection Service**.....1-877-876-2455
5315 Campbell’s Run Rd., Ste. 300 • Pittsburgh, PA 15277-9000 1-800-ASK-USPS
https://postalinspectors.uspis.gov
tips on how to protect yourself from illegal telemarketing and mail fraud schemes, including sweepstakes scams

TRANSPORTATION

- ABCD Dial-A-Ride** 330-455-2699
2318 13th St. NE • Canton, OH 44705
local medical transportation service
- American Red Cross Medical and Dialysis Transportation** 330-453-0146
525 Market Ave. N • Canton, OH 44702
offer transportation in the Stark County area to ambulatory adults for medical appointments, dialysis, etc.
- Aultman PrimeTime Seniors and 5-0**..... 330-363-6262
2600 Sixth St. SW, • Canton, OH 44710
dedicated van with wheelchair lift operates on weekdays for transportation to clinical appointments at Aultman only; membership for ages 50+ is required but is free; appointments required
- Koala Kruizers**330-966-2327
1310 N. Main St. • North Canton, OH 44720
www.koalakruizers.com
specialized door-to-door transportation service for non-emergency and wheelchair clients
- SARTA Proline Curb-to-Curb**..... 330-455-2292
www.sartaonline.com/proline.html
shared ride service for those who cannot access fixed routes due to a disability
- Scenic View Transportation**.....330-244-0657
905 Grove St. NE • Canton, OH 44721
- Senior Friends - Easter Seals Northeast Ohio**.....1-800-589-6834
3085 W. Market St., Ste. 124 • Akron, OH 44333
transportation for personal errands and medical appointments
- Stark Area Regional Transit Authority (SARTA)**.....330-454-6132
1600 Gateway Blvd. SE • Canton, OH 44707 1-800-379-3661
www.sartaonline.com
65+ ride at half fare along the fixed route service
- Stark County Veterans Service Commission**.....330-451-7457
110 Central Plaza S, Suite 424 • Canton, OH 44702
www.co.stark.oh.us
transportation for veterans to VA hospitals

GENERAL INFORMATION

800 Directory Service <i>directory to toll-free numbers</i>	1-800-555-1212	
American Speech, Language & Hearing Association	1-800-638-8255	www.asha.org
Attorney General of Ohio Consumer Protection	1-800-282-0515	www.ohioattorneygeneral.gov
Crime Victim Assistance	1-800-582-CVSS	www.ohioattorneygeneral.gov
Crisis Intervention Center of Stark County <i>adult abuse & other senior emergencies, 24 hours a day</i>	1-800-956-6630	
Federal Information Center <i>government made easy</i>	1-800-688-9889	www.usa.gov
Golden Buckeye Program of Ohio	1-800-422-1976	www.aging.ohio.gov
Ohio Department of Health	1-800-282-3040	www.odh.ohio.gov
Ohio Department of Insurance	1-800-686-1526	www.ohioinsurance.gov
Ohio Department of Job & Family Services	1-800-686-1580	http://jfs.ohio.gov
Ohio Domestic Violence Network	1-800-934-9840	www.odvn.org
Ohio Lottery Information Line <i>customer service and winning numbers</i>	1-800-589-6446	www.ohiolottery.com
Ohio Travel and Tourism	1-800-282-5393	www.discoverohio.com
Organ Donation Ohio Hotline	1-800-528-2971	www.livingbank.org
Poison Center <i>connects you to the nearest Poison Control Center, 24 hours a day</i>	1-800-222-1222	www.cchmc.org/dpic
State Library - Talking Books	1-800-686-1531	www.library.ohio.gov
United States Department of Veteran Affairs	1-800-827-1000	www.va.gov
United States Postal Service	1-800-275-8777	www.usps.com
Veterans Hotline, Bureau of Employment Services	1-800-253-4060	www.jfs.ohio.gov/veterans/
Western Reserve Area Agency on Aging	1-800-581-6884	www.psa10a.org
Radon Hotline-Ohio Department of Health	1-800-523-4439	www.odh.ohio.gov
American Council of the Blind, National	1-800-424-8666	www.acb.org
American Council of the Blind, Ohio Health Department	1-800-835-2226	www.acbohio.org

American Health Care Association (AHCA) <i>info on how to select different types of long-term care and long-term care insurance policies</i>	1-800-628-8140	www.ahcancal.org
Area Agency on Aging <i>answers questions and offers advice to nursing home patients, families, and personnel</i>	1-800-421-7277	www.services4aging.org
Better Hearing Institute, Hearing Helpline	1-800-327-9355	www.betterhearing.org
Children of Aging Parents	1-800-227-7294	www.caps4caregivers.org
Eldercare Locator <i>directs seniors to other organizations that offer information about senior needs, housing, etc.</i>	1-800-677-1116	www.eldercare.gov
EMS Division, Dept. of Public Safety	1-800-233-0785	www.ems.ohio.gov
Health Department Complaint Hotline	1-800-342-0553	www.odh.ohio.gov
Health Maintenance Organizations (HMOs) In Medicare	1-800-MEDICARE TDD/TTY	www.medicare.gov/choices/overview.asp
Hearing Aid Helpline-International Hearing Society	1-800-521-5247	www.ihsinfo.org
Hospice of Stark County	1-877-733-0010	www.myhospice.org
Meals on Wheels of Stark & Wayne Counties	1-800-466-8010	www.mow-starkwayne.org
Medicaid	877-267-2323 or 866-226-1819 TTY	www.cms.hhs.gov
Medicare	1-800-MEDICARE or 1-877-486-2048 TDD/TTY	www.medicare.gov
Medicare (Fraud)	1-800-447-8477 or 1-800-377-4950 TTY	www.medicare.gov
Mental Health America	1-800-969-6642	www.nmha.org



Monday-Saturday
6:30am-10pm
Breakfast served
6:30am-10:30am

For online ordering options, visit
www.chick-fil-a.com/beldenvillage

5411 Dressler Rd. NW • North Canton, OH • 330-966-5420

GENERAL INFORMATION *Continued*

National Center for Vision and Aging, Info and Resource Service	1-800-829-0500	www.lighthouse.org
National Eye Care Project Hotline <i>free medical and surgical eye care for the medically underserved</i>	1-800-222-3937	www.eyecareamerica.org
National Health Information Center <i>health information referral service</i>	1-800-336-4797	www.health.gov/nhic
National Hospice and Palliative Care Organization (NHPCO) <i>resource on advanced care planning, caregiving, financial issues, grief and loss</i>	1-800-658-8898	www.caringinfo.org
National Rehabilitation Information	1-800-346-2742	www.naric.com
National Senior Golf Association <i>membership organization for 50+ who enjoy travel and golf</i>	1-800-282-6772	www.nationalseniorgolf.com
Nurse Aide Registry	1-800-582-5908	www.odh.ohio.gov
Nursing Home Abuse and Medicaid Fraud Hotline	1-800-64-ABUSE (22873)	www.ohioattorneygeneral.gov
Ohio Relay Service <i>communication disabilities</i>	1-800-750-0750 or 1-800-325-2223 TTY/TDD & Voice	www.ohiorelay.com
Ohio Senior Health Insurance Information Program (OSHIIP)	1-800-686-1578	www.insurance.ohio.gov
Ombudsman/Elder Rights Unit of Department of Aging	1-800-282-1206	www.aging.ohio.gov
Vehicle Safety Hotline National Highway Traffic Safety Administration	1-888-327-4236	www.nhtsa.dot.gov

AUTOMOBILE ADAPTATION*provides assistance to those with disabilities who need to buy/adapt a vehicle*

Chrysler Corporation-Auto Mobility	1-800-255-9877	www.chryslerautomobility.com
General Motors	1-800-323-9935 or 1-800-TDD-9935 TTY	www.gmmobility.com
Saturn	1-800-553-6000	www.saturn.com

DISEASE SPECIFIC INFORMATION

AIDS Hotline, National	1-800-232-4636	www.cdc.gov
Alzheimer's Disease Ohio Hotline	1-866-232-8484	www.alzfdn.org

DISEASE SPECIFIC *Continued*

American Brain Tumor Association <i>referrals to brain tumor support groups nationwide</i>	1-800-886-2282	www.abta.org
American Cancer Society <i>open around the clock to answer all questions and direct calls to local regions if requested</i>	1-800-227-2345	www.cancer.org
American Diabetes Association	1-800-342-2383	www.diabetes.org
American Heart Association	1-800-242-8721	www.heart.org
American Kidney Association	1-800-638-8299	www.kidneyfund.org
American Liver Foundation	1-800-223-0179	www.liverfoundation.org
American Lung Association	1-800-586-4872	www.lungusa.org
American Parkinson Disease Association	1-800-223-2732	www.apdaparkinson.org
Arthritis Foundation	1-800-283-7800	www.arthritis.org
American Urological Association Foundation Information Helpline	1-800-242-2383	www.auafoundation.org
Center for Disease Control and Prevention	1-800-232-4636	www.cdc.gov
Drug Abuse and Outpatient Treatment	1-800-537-8098	www.milehighcouncil.org
Epilepsy Foundation	1-800-332-1000	www.efa.org
Glaucoma Research Foundation	1-800-826-6693	www.glaucoma.org
Health and Human Services Office of Inspector General (HHS OIG) <i>consumer complaints, fraud, referrals and help</i>	1-800-447-8477 1-800-377-4950 TTY	www.oig.hhs.gov
Incontinence Hotline	1-800-252-3337	www.nafc.org
National Cancer Institute, Information Service	1-800-422-6237	www.cancer.gov
National Multiple Sclerosis Society	1-800-FIGHT MS	www.nationalmssociety.org
National Organization for Rare Disorders	1-800-999-6673	www.rarediseases.org
Osteoporosis Hotline	1-800-624-BONE or 202-466-4315 TDD/TTY	www.bones.nih.gov
Spina Bifida Association	1-800-621-3141	www.sbaa.org

HELPFUL STATE CONTACTS

Attorney General of Ohio Consumer Protection	1-800-282-0515	www.ohioattorneygeneral.gov
Crime Victim Assistance	1-800-582-2877	www.ohioattorneygeneral.gov

HELPFUL STATE CONTACTS *Continued*

Home Energy Assistance Program	1-800-282-0880	www.odod.state.oh.us
Legislative Information	1-800-282-0253	www.ohioattorneygeneral.gov
Medicaid Consumer Hotline	1-800-324-8680	www.cms.hhs.gov
State Highway Patrol (Highway Help)	1-877-7-PATROL	www.statepatrol.ohio.gov
Tax Questions	1-800-282-1780	www.tax.ohio.gov
Travel and Tourism	1-800-282-5393	www.discoverohio.com
Unemployment Hotline	1-800-251-6237	www.jfs.ohio.gov
Utility Consumer Complaints	1-800-282-9448	www.pickocc.org
Workers' Compensation	1-800-644-6292	www.ohioattorneygeneral.gov
Ohio Website		www.ohio.gov
Ohio House of Representatives Website		www.house.state.oh.us
Ohio Senate Website		www.ohiosenate.gov

LEGAL & FINANCIAL INFORMATION

AARP, Tax Preparation	1-888-OUR-AARP	www.aarp.org
Attorney General's Action Line <i>consumer protection</i>	1-800-282-0515	www.ohioattorneygeneral.gov
Consumer Credit Counseling Service <i>credit support for overspenders</i>	1-800-355-2227	www.apprisen.com
Fannie Mae <i>mortgage help</i>	1-800-732-6643	www.fanniemae.com
Internal Revenue Service (IRS) <i>information about Federal tax laws</i>	1-800-829-1040 1-800-829-4059 TDD/TTY	www.irs.gov
IRS Forms and Publications	1-800-829-3676	www.irs.gov
Legal Hotline Pro Seniors Ohio <i>legal & long-term care problems</i>	1-800-488-6070	www.proseniors.org
Legislative Information Office Ohio House of Reps. & Ohio Senate <i>general information on current legislation</i>	1-800-282-0253	www.house.state.oh.us
Local Government Services, Auditor of State	1-800-345-2519	www.auditor.state.oh.us
National Fraud Information Center <i>information on internet and telemarketing fraud</i>		www.fraud.org

Ohio Department of Taxation <i>tax assistance</i>	1-800-282-1780	www.tax.ohio.gov
Ohio Legal Rights Services	1-800-282-9181	www.olrs.ohio.gov
Ohio Medical Board Complaint Line	1-800-554-7717	www.med.ohio.gov
Ohio Pension Rights Project <i>basic advice on pension laws, rights, and other free services, at no cost to Ohio residents</i>	1-800-488-6070	www.proseniors.org
U.S. Consumer Product Safety Commission <i>report unsafe products</i>	1-800-638-2772	www.cpsc.gov

LEGISLATIVE INFORMATION

Legislative Information Office <i>Ohio House of Representatives and Ohio Senate</i>	1-800-282-0253	www.house.state.oh.us
Ohio Supreme Court	1-800-826-9010	www.supremecourtofohio.gov
Social Security Administration	1-800-772-1213	www.socialsecurity.gov
Social Security Fraud Line	1-800-269-0271	www.socialsecurity.gov
Ohio State Auditor <i>answers on state government spending</i>	1-800-282-0370	www.auditor.state.oh.us

UTILITIES

National Home Energy Assistance Program (HEAP) <i>information on heating & cooling assistance for low incomes</i>	1-800-282-0880	www.odod.state.oh.us
Ohio Consumers Council <i>help with utility problems</i>	1-800-282-9448 TTY-TDD compatible	www.pickocc.org
Ohio Public Utilities Commission <i>answers questions, investigates complaints</i>	1-800-686-7826	www.puco.ohio.gov
Transportation Safety Concerns, Ohio Public Utilities Commission	1-800-686-8277	www.puco.ohio.gov



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& 2012 Canton Senior Expo!**

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Adult Day Care Facility

Provide a safe environment for adults during daytime hours. Planned programs include social activities, nutritional, nursing and rehabilitation services.

Active Adult Community Facility

A quiet, more compact, low maintenance residential environment such as a patio home, condo, townhouse or other age exclusive community. Reduces worry of yard and home maintenance while allowing active adults more time for family and activities.

Independent Living Facility

Rental units in which services may or may not be included as part of the rent, although services may be available on-site and may be purchased by residents for an additional fee. For individuals who do not require personal or medical care, but choose not to live alone or at home. Many recreational activities are planned by the residents.

Assisted Living Facility

Offers a home-like atmosphere with trained professionals available to help residents with daily routines. Residents typically have private or semi-private rooms. Personal care services are available on a 24-hour a day basis. An activity coordinator arranges both on- and off-site activities. (Licensed as residential care facilities or as rest homes.)

Continuing Care Retirement Community (CCRC)

Offers a complete range of housing and care which can help residents make a gradual transition from independent living to having medical, personal, and/or continuous skilled nursing care, while remaining in the same location. Provides residential services (meals, housekeeping, laundry), social and recreational services, health care services, personal care, and nursing care. (Licensed as nursing homes/residential care facilities or as homes for the aging.)

Skilled Nursing Facility

Facilities licensed by the state to offer residents personal care, as well as skilled nursing care on a 24-hour basis. Also provide nursing care, personal care, room and board, supervision, medication, therapies and rehabilitation. Rooms are often shared, and communal dining is common. (Licensed as nursing homes, or nursing homes/residential care facilities.)

Alzheimer's Care

Facilities offering specialized care to residents who suffer from memory impairing diseases such as Alzheimer's and Dementia.

Respite Care

Provides a temporary break for caregivers by allowing a resident to have a short-term stay in a community that can meet their needs. Residents typically stay from a week to a month, depending on the situation. They will receive all of the services of the community.

Hospice Care

Philosophy and approach to providing comfort and care at life's end rather than heroic lifesaving measures, it can include medical, counseling, and social services.

Medicaid

Public assistance funded through the state to individuals unable to pay for health care. Medicaid can be accessed only when all prior assets and funds are depleted. There are income eligibility criteria that must be met to qualify for Medicaid. Medicaid can reimburse nursing facilities for the long-term care of qualifying seniors, and in some states, Medicaid pays for assisted living care through Medicaid waivers.

Medicare

Federal health insurance program for those 65 and older and for individuals with disabilities. The Social Security Administration administers Medicare regardless of income. It also provides for hospital and nursing facility care (Part A) and physician services, therapies, and home health care (Part B).

Not-for-Profit

Status of ownership and/or operation characterized by government or by a community-based, volunteer board of trustees. Board members donate their time and talents to ensure that a not-for-profit organization's approach to caring for older people responds to local needs. Not-for-profit homes and services turn any surplus income back into improving or expanding services for their clients or residents.

PRIMETIME SENIORS 50 FIVE•0

- **Strength Training**
Aultman West
2021 Wales Rd. NW,
Massillon, OH 44646
330-363-6262
Fri. 11:00 a.m., Tues. 4:30 p.m.
- **Tai Chi Classes**
Aultman West
2021 Wales Rd. NW,
Massillon, OH 44646
330-363-6262
Fri. 9:45 a.m.
- **Yoga Classes**
Aultman Hospital
Morrow House
2600 Sixth St. SW,
Canton, OH 44710
330-363-6262
Tues. 7:15 p.m.
- **PrimeTime Annual Bowling Leagues**
Hall of Fame Lanes
5155 W Tuscarawas,
Canton, OH 44708
Winter League
Jan-Apr
Summer League
June-Aug
- **Strength Training**
St. Luke's Lutheran
Community
220 Applegrove NW,
N. Canton, OH 44720
330-363-6262
Sat. 8:15 a.m. or 10:45 a.m.
- **Mat Pilates**
Aultman Hospital
Morrow House
2600 Sixth St. SW,
Canton, OH 44710
330-363-6262
Tues. 6:00 p.m.
North Canton
Civic Center -
Tues. 10:30 a.m.
- **Yoga Classes**
Aultman West
2021 Wales Rd. NW,
Massillon, OH 44646
330-363-6262
Fri. 8:30 a.m.
- **PrimeTime Annual Golf League**
2401 Fox Ave.,
Minerva, OH 44657
May-Sept
- **Tai Chi Classes**
North Canton Civic Center
845 West Maple St.,
N. Canton, OH 44720
330-363-6262
Tues.: Beginners, 8:00 a.m.;
Intermediate, 9:15 a.m.
- **Yoga Classes**
St. Luke's Lutheran
Community
220 Applegrove NW,
N. Canton, OH 44720
330-363-6262
Sat. 9:30 a.m.

PrimeTime Special Events

- | | | |
|---|--|---|
| PrimeTime 6th Annual High Tea
210 4 th St. NE,
Massillon, OH 44646
March 10, 2011 | Golden Wedding Celebration
(50 yrs or more)
North Canton Civic Center
845 West Maple St.,
N. Canton, OH 44720
June 8 & 9, 2011 | PrimeTime Annual Golf Open
2401 Fox Ave.,
Minerva, OH 44657
Fri.: September 2 & 9, 2011 |
|---|--|---|

www.aultman.org/primetime
Call the PrimeTime office for details at 330-363-6262.



Adult Day Care Facility	Active Adult Community Facility	Independent Living Facility	Assisted Living Facility	Continuing Care Retirement Community	Skilled Nursing Facility	Alzheimer's Care	Respite Care	Hospice Care	Medicaid	Medicare	Not-for-Profit	Private Pay	Insurance
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ALLAY SENIOR CARE OF MEYERS LAKE 3328 13th St. NW Canton, OH 44708 330-454-6914	X		X			X	X	X				X	X
Altercare of Alliance Center for Rehabilitation & Nursing Care, Inc. 11750 Klinger Ave. Alliance, OH 44601 330-823-8263 www.altercareonline.com					X	X	X	X		X		X	X
Altercare of Hartville Center for Rehabilitation & Nursing Care, Inc. 1420 Smith Kramer Rd. Hartville, OH 44632 330-877-2666 www.altercareonline.com					X		X	X		X		X	X
Altercare of Louisville Center for Rehabilitation & Nursing Care, Inc. 7187 St. Francis Street NE Louisville, OH 44641 330-875-4224 www.altercareonline.com					X		X	X		X		X	X
Altercare of Navarre Center for Rehabilitation and Nursing Care, Inc. 517 Park St. Navarre, OH 44662 330-879-2765 www.altercareonline.com					X		X	X		X		X	X
Altercare of Nobles Pond, Inc. 7006 Fulton Dr. NW Canton, OH 44718 330-834-4800 www.altercareonline.com					X		X	X		X		X	X
AMHERST MEADOWS SENIOR CARE CENTER 1610 First St. NE Massillon, OH 44646 330-830-8500 www.amherstmeadowscarecenter.com		X	X	X	X	X	X	X	X	X		X	X



Adult Day Care Facility	Active Adult Community Facility	Independent Living Facility	Assisted Living Facility	Continuing Care Retirement Community	Skilled Nursing Facility	Alzheimer's Care	Respite Care	Hospice Care	Medicaid	Medicare	Not-for-Profit	Private Pay	Insurance
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Astoria Skilled Nursing & Rehabilitation 3537 12th St. NW Canton, OH 44708 330-455-5500 www.astoriaskilled.com					X			X	X	X		X	X
Aultman Woodlawn & Compassionate Care Center 2821 Woodlawn Ave. NW Canton, OH 44708 330-479-4800 www.aultman.org					X			X		X	X	X	X
Bel Air Senior Living Community 2350 S. Cherry Ave. Alliance, OH 44601 330-821-3939	X	X	X		X	X	X	X	X	X		X	X
Canterbury Villa of Alliance 1785 Freshley Ave. Alliance, OH 44601 330-821-4000 www.provider-services.net					X	X	X	X	X	X		X	X
CANTON CHRISTIAN HOME 2550 Cleveland Ave. NW Canton, OH 44709 330-456-0004 www.cantonchristianhome.org		X	X	X	X	X		X	X	X	X	X	X
Canton Healthcare Center 1223 Market Ave. N Canton, OH 44714 330-454-2152 www.atriumlivingcenters.com					X	X	X	X	X	X		X	X
CANTON REGENCY RETIREMENT COMMUNITY 4515 22nd St. NW Canton, OH 44708 330-477-7664 www.cantonregency.com		X	X	X	X		X	X		X		X	X

	Adult Day Care Facility	Active Adult Community Facility	Independent Living Facility	Assisted Living Facility	Continuing Care Retirement Community	Skilled Nursing Facility	Alzheimer's Care	Respite Care	Hospice Care	Medicaid	Medicare	Not-for-Profit	Private Pay	Insurance
Country Lawn Center for Rehabilitation & Nursing Care, Inc. 10608 Navarre Rd. SW Navarre, OH 44662 330-767-3455 www.altercareonline.com						X	X	X	X		X		X	X
DANBURY OF NORTH CANTON 181 Applegrove St. NE North Canton, OH 44720 330-497-8718 www.thedanbury.com			X										X	
Emeritus at Canton 4550 Hills and Dales Rd. NW Canton, OH 44708 330-477-5727				X			X	X	X				X	
GREEN MEADOWS HEALTH & WELLNESS CENTER 7770 Columbus Rd. Louisville, OH 44641 330-875-1456 www.greenmeadowscarecenter.com					X	X	X	X	X	X	X		X	X
Hennis Care Centre of Bolivar 300 Yant St. Bolivar, OH 44612 330-874-9999 www.henniscarecentre.com					X	X	X	X	X	X	X		X	X
House of Loreto 2812 Harvard Ave. Canton, OH 44709 330-453-8137 www.sempercaritas.org (Ministry of Aging)						X	X						X	X
The Inn at University Village 2650 Ohio State Dr. Massillon, OH 44646 330-837-3000 www.innatuniversityvillage.com			X				X		X				X	

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LAURELS OF CANTON 2714 13th St. NW Canton, OH 44708 330-456-2842 www.laurelsofcanton.com						X		X	X	X	X		X	X
LAURELS OF MASSILLON 2000 Sherman Circle NE Massillon, OH 44646 330-830-9988 www.laurelsofmassillon.com				X		X		X	X	X	X		X	X
Majora Lane Center for Rehabilitation & Nursing Care, Inc. 105 Majora Lane Millersburg, OH 44654 330-674-4444 www.altercareonline.com						X	X	X	X		X		X	X
Manor Care Belden Village 5005 Higbee Ave. NW Canton, OH 44718 330-492-7835 www.hcrmanorcare.com						X	X	X	X	X	X		X	X
McKinley Health Care 800 Market Ave. N Canton, OH 44702 330-456-1014 www.mckinleyhealthcare.com						X		X	X	X	X		X	X
MINERVA ELDER CARE CENTER 1035 E. Lincolnway Minerva, OH 44657 330-868-4147 www.minervaelder-care.com						X	X	X	X	X	X		X	X
Roselawn Terrace 11999 Klinger Avenue Alliance, Ohio 44601 330-823-0618 www.provider-services.net					X	X	X	X	X	X	X		X	X



St. Joseph Care Center
2308 Reno Dr.
Louisville, OH 44641
330-875-5562 • 1-800-660-4332
www.thealsatian.com

St. Luke Lutheran Community
220 Applegrove St. NE
North Canton, OH 44720
(330) 499-8341 • 1-888-499-8341
www.stlukelutherancommunity.org

Stone Crossing Care Center
836 34th St. NW
Canton, OH 44709
330-492-7131

The Pines Lakeside Therapy Center
3015 17th St. NW
Canton, OH 44708
330-454-6508
www atriumlivingcenters.com

Villa Maria Dementia Care
122 E. College
Alliance, OH 44601
330-929-1071 • 1-800-768-6447
www.villamariadementiacare.com

Walnut Hills Retirement Community
4748 Olde Pump St.
Walnut Creek, OH 44687
330-893-3200
www.walnuthillsliving.com

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St. Joseph Care Center	X	X	X	X	X	X	X	X	X	X	X	X	X	X
St. Luke Lutheran Community			X	X	X	X	X	X	X	X	X	X	X	X
Stone Crossing Care Center			X	X		X	X	X	X	X	X		X	X
The Pines Lakeside Therapy Center					X	X	X	X	X	X	X		X	X
Villa Maria Dementia Care				X			X	X					X	X
Walnut Hills Retirement Community	X	X	X	X	X	X	X	X	X	X	X	X	X	X

There's a PRIMETIME for the time of your life.



You already know that Aultman's PrimeTime is the area's leading program tailored specifically for our mature residents. But did you know it expanded with special programming and benefits for those 50-64 years old?

PRIMETIME 50 FIVE-0

The PrimeTime 5-0 group allows you to enjoy the fun side of life with additional activities, education and special perks designed around your work schedule.

- Pre-retirement planning assistance
- Health information for your age group
- Fitness and dance programs during weekends and evenings
- Adventure travel
- 5-0 Golf league
- Trips and concerts when you have time to go

If you've already celebrated the big 5-0, you can sign up for big benefits today!



Everyone over 50 joins for FREE to enjoy these great benefits too:

- Free educational programs about lifestyle issues and healthful habits
- Travel packages
- Golf Open events
- Golf and bowling leagues
- Wellness programs
- Free coffee/tea in the Aultman Cafeteria & 15% off member entrées
- 10% discount at Aultman Gift Shop
- Transportation service to Aultman clinical appointments
- Medicare consulting including claims assistance
- Prescription Assistance screening
- Notary services
- Local merchant discounts
- Fun social events

To join PrimeTime Seniors or 5-0, call **330-363-6266** or **1-888-285-7746** or visit www.aultman.org/primetime. Be sure to checkout our quarterly newsletter online too!





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without prescription drug coverage

Relax.

 **PRIMETIME**
HEALTH PLAN

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